
A Unified Discretization Framework for Differential Equation Approach with Lyapunov Arguments for Convex Optimization

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Abstract

1 The differential equation (DE) approach for convex optimization, which relates
2 optimization methods to specific continuous DEs with rate-revealing Lyapunov
3 functionals, has gained increasing interest since the seminal paper by Su–Boyd–
4 Candès (2014). However, the approach still lacks a crucial component to make
5 it truly useful: there is no general, consistent way to transition back to discrete
6 optimization methods. Consequently, even if we derive insights from continuous
7 DEs, we still need to perform individualized and tedious calculations for the
8 analysis of each method. This paper aims to bridge this gap by introducing a new
9 concept called “weak discrete gradient” (wDG), which consolidates the conditions
10 required for discrete versions of gradients in the DE approach arguments. We then
11 define abstract optimization methods using wDG and provide abstract convergence
12 theories that parallel those in continuous DEs. We demonstrate that many typical
13 optimization methods and their convergence rates can be derived as special cases
14 of this abstract theory. The proposed unified discretization framework for the
15 differential equation approach to convex optimization provides an easy environment
16 for developing new optimization methods and achieving competitive convergence
17 rates with state-of-the-art methods, such as Nesterov’s accelerated gradient.

18 1 Introduction

19 In this paper, we consider unconstrained convex optimization problems:

$$\min_{x \in \mathbb{R}^d} f(x). \quad (1)$$

20 Various optimization methods, such as standard gradient descent and Nesterov’s accelerated gradient
21 methods (Nesterov, 1983), are known for these problems. The convergence rates of these methods
22 have been intensively investigated based on the classes of objective functions (L -smooth and/or μ -
23 strong convex). We focus on the convergence rate of function values $f(x^{(k)}) - f^*$, while the rates for
24 $\|\nabla f(x^{(k)})\|$ or $\|x^{(k)} - x^*\|$ have also been discussed. Topics particularly relevant to this study include
25 the lower bound of convergence rates for first-order methods (see Remark 4.3 for the relationship
26 between our framework and first-order methods) for convex and strongly convex functions: $O(1/k^2)$
27 for L -smooth and convex functions (cf. Nesterov (2018)) and $O\left((1 - \sqrt{\mu/L})^{2k}\right)$ for L -smooth and
28 μ -strongly convex functions (Drori and Taylor, 2022). These lower bounds are tight, as they are
29 achieved by some optimization methods, such as Nesterov (1983) for convex functions and Van Scoy
30 et al. (2018); Taylor and Drori (2022a) for strongly convex functions. In these studies, the discussion
31 is typically conducted for each method, utilizing various techniques accumulated in the optimization
32 research field.

33 Whereas, it has long been known that some optimization methods can be related to continuous
34 differential equations (DEs). Early works on this aspect include the following: the continuous
35 gradient flow $\dot{x} = -\nabla f(x)$ as a continuous optimization method was discussed in Bruck (1975).
36 Similar arguments were later applied to second-order differential equations (Alvarez, 2000; Alvarez
37 et al., 2002; Cabot et al., 2009). An important milestone in this direction was Su et al. (2014), where
38 it was shown that Nesterov’s famous accelerated gradient method (Nesterov, 1983) could be related
39 to a second-order system with a convergence rate-revealing “Lyapunov functional.” The insights
40 gained from this relationship have been useful in understanding the behavior of the Nesterov method
41 and in considering its new variants. This success has followed by many studies, including Wilson
42 (2018); Wilson et al. (2021). The advantage of the DEs with Lyapunov functional approach (which we
43 simply call the “DE approach” hereafter) is that the continuous DEs are generally more intuitive, and
44 convergence rate estimates are quite straightforward thanks to the Lyapunov functionals. However,
45 the DE approach still lacks one important component; although we can draw useful insights from
46 continuous DEs, there is no known general way to translate them into a discrete setting. Consequently,
47 we still need to perform complex discrete arguments for each method. This limitation was already
48 acknowledged in Su et al. (2014): “... The translation, however, involves parameter tuning and tedious
49 calculations. This is the reason why a general theory mapping properties of ODEs into corresponding
50 properties for discrete updates would be a welcome advance.”

51 In this paper we attempt to provide this missing piece by incorporating the concept of “discrete
52 gradients” (DGs) from numerical analysis, which is used to replicate some properties of continuous
53 DEs in discrete settings. We demonstrate that a relaxed concept of DG, which we call “weak discrete
54 gradient” (wDG), can serve a similar purpose in the optimization context. More precisely, we
55 show that for known DEs in the DE approach, if we define abstract optimization methods using
56 wDGs analogously to the DEs, their abstract convergence theories can be obtained by following the
57 continuous arguments and replacing gradients with wDGs. The tedious parts of the case-specific
58 discrete arguments are consolidated in the definition of wDG, which simplifies the overall arguments:
59 *we can now consider “simple continuous DE arguments” and “case-specific discrete discussions*
60 *summarized in wDG” separately.* We demonstrate that many typical existing optimization methods
61 and their rate estimates, previously done separately for each method, can be recovered as special cases
62 of the abstract methods/theories, providing a simpler view of them. Any untested combination of a
63 known DE and wDG presents an obvious new method and its rate, further expanding the potential for
64 innovation in the optimization field. Creating a new wDG leads to a series of optimization methods
65 by applying it to known DEs. One simply needs to verify if the wDG satisfies the conditions for wDG
66 (Theorem 4.2) and reveal the constants of the wDG. If, in the future, a new DE with a rate-revealing
67 Lyapunov functional is discovered, it should be possible to achieve similar results. We suggest first
68 defining an abstract wDG method analogously to the DE and then examining whether the continuous
69 theory can be translated to a discrete setting, as demonstrated in this paper.

70 The aforementioned paper (Su et al., 2014) concludes in the following way (continued from the
71 previous quote) “Indeed, this would allow researchers to only study the simpler and more user-friendly
72 ODEs.” Although there is still room for minor adjustments (see the discussion on limitations below),
73 we believe the wDG framework substantially reduces the complexity of discussions in discrete
74 methods, allowing researchers to focus on more accessible and intuitive aspects of optimization.

75 We consider the problems (1) on the d -dimensional Euclidean space \mathbb{R}^d (d is a positive integer)
76 with the standard inner product $\langle \cdot, \cdot \rangle$ and the induced norm $\|\cdot\|$, where $f: \mathbb{R}^d \rightarrow \mathbb{R}$ represents a
77 differentiable convex objective function. We assume the existence of the optimal value f^* and the
78 optimal solution x^* . In the following discussion, we use the inequality

$$\frac{\mu}{2} \|y - x\|^2 \leq f(y) - f(x) - \langle \nabla f(x), y - x \rangle, \quad (2)$$

79 which holds for any $x, y \in \mathbb{R}^d$ when f is μ -strongly convex and differentiable.

80 *Remark 1.1.* Although the scope of this paper is limited due to the restriction of space, the framework
81 can be naturally extended to more general cases. Extension to the objective functions satisfying the PL
82 condition is provided in Appendix H. The framework can be extended to constrained optimizations
83 by the DE approach for mirror descent methods (cf. Krichene et al. (2015); Wilson et al. (2021)),
84 which the authors have already confirmed. Stochastic methods such as the stochastic gradient descent
85 can be handled by considering random compositions of wDGs, which is left as our future work.

86 **2 Short summary of the differential equation approach**

87 Let us first consider the gradient flow:

$$\dot{x} = -\nabla f(x), \quad x(0) = x_0 \in \mathbb{R}^d. \quad (3)$$

88 It is easy to see that

$$\frac{d}{dt}f(x(t)) = \langle \nabla f(x(t)), \dot{x}(t) \rangle = -\|\nabla f(x(t))\|^2 \leq 0. \quad (4)$$

89 This means the flow can be regarded as a continuous optimization method. Notice that the proof is
 90 quite simple, once we admit the *chain rule of differentiation*, and the *form of the flow* itself (3); this
 91 will be quite important in the subsequent discussion.

92 Despite its simplicity, the convergence rate varies depending on the class of objective functions.
 93 Below we show some known results. The following rates are proven using the so-called Lyapunov
 94 argument, which introduces a “Lyapunov functional” that explicitly contains the convergence rate.
 95 The proof is left to Appendix B (we only note here that, in addition to the two key tools the chain rule
 96 and the form of the flow we need the *convexity inequality* (2) to complete the proof.)

97 **Theorem 2.1** (Convex case). *Suppose that f is convex. Let $x: [0, \infty) \rightarrow \mathbb{R}^d$ be the solution of the*
 98 *gradient flow (3). Then the solution satisfies*

$$f(x(t)) - f^* \leq \frac{\|x_0 - x^*\|^2}{2t}.$$

99 **Theorem 2.2** (Strongly convex case). *Suppose that f is μ -strongly convex. Let $x: [0, \infty) \rightarrow \mathbb{R}^d$ be*
 100 *the solution of the gradient flow (3). Then the solution satisfies*

$$f(x(t)) - f^* \leq e^{-\mu t} \|x_0 - x^*\|^2.$$

101 An incomplete partial list of works using the Lyapunov approach includes, in addition to Su et al.
 102 (2014), Karimi and Vavasis (2016); Attouch et al. (2016); Attouch and Cabot (2017); Attouch et al.
 103 (2018); França et al. (2018); Defazio (2019); Shi et al. (2019); Wilson et al. (2021) (see also a
 104 comprehensive list in Suh et al. (2022)). A difficulty in this approach is that the Lyapunov functionals
 105 were found only heuristically. A remedy is provided in Suh et al. (2022); Du (2022), but its target is
 106 still limited.

107 Next, we consider DEs corresponding to accelerated gradient methods, including Nesterov’s method.
 108 As is well known, the forms of accelerated gradient methods differ depending on the class of objective
 109 functions, and consequently, the DEs to be considered also change. In this paper, we call them
 110 *accelerated gradient flows*.

111 When the objective functions are convex, we consider the following DE proposed in Wilson et al.
 112 (2021): let $A: \mathbb{R}_{\geq 0} \rightarrow \mathbb{R}_{\geq 0}$ be a differentiable strictly monotonically increasing function with
 113 $A(0) = 0$, and

$$\dot{x} = \frac{\dot{A}}{A}(v - x), \quad \dot{v} = -\frac{\dot{A}}{4}\nabla f(x), \quad (5)$$

114 with $(x(0), v(0)) = (x_0, v_0) \in \mathbb{R}^d \times \mathbb{R}^d$.

115 **Theorem 2.3** (Convex case (Wilson et al. (2021))). *Suppose that f is convex. Let $(x, v): [0, \infty) \rightarrow$*
 116 *$\mathbb{R}^d \times \mathbb{R}^d$ be the solution of the DE (5). Then it satisfies*

$$f(x(t)) - f^* \leq \frac{2\|x_0 - x^*\|^2}{A(t)}.$$

117 **Remark 2.4.** If we set $A(t) = t^2$, this system coincides with a continuous limit DE of the accelerated
 118 gradient method for convex functions

$$\ddot{x} + \frac{3}{t}\dot{x} + \nabla f(x) = 0,$$

119 which is derived in Su et al. (2016).

120 Next, for strongly convex objective functions, let us consider the DE (again in Wilson et al. (2021)):

$$\dot{x} = \sqrt{\mu}(v - x), \quad \dot{v} = \sqrt{\mu}(x - v - \nabla f(x)/\mu) \quad (6)$$

121 with $(x(0), v(0)) = (x_0, v_0) \in \mathbb{R}^d \times \mathbb{R}^d$. (Note that this system coincides with the continuous
122 limit ODE of the accelerated gradient method for strongly convex functions by Polyak (1964):
123 $\ddot{x} + 2\sqrt{\mu}\dot{x} + \nabla f(x) = 0$.)

124 **Theorem 2.5** (Strongly convex case (Wilson et al. (2021); Luo and Chen (2022))). *Suppose that f is
125 μ -strongly convex. Let $(x, v): [0, \infty) \rightarrow \mathbb{R}^d \times \mathbb{R}^d$ be the solution of (6). Then it satisfies*

$$f(x(t)) - f^* \leq e^{-\sqrt{\mu}t} \left(f(x_0) - f^* + \frac{\mu}{2} \|v_0 - x^*\|^2 \right).$$

126 3 Discrete gradient method for gradient flows (from numerical analysis)

127 The remaining issue is how we discretize the above DEs. In the optimization context, it was done
128 separately in each study. One tempting strategy for a more systematic discretization is to import
129 the concept of ‘‘DG,’’ which was invented in numerical analysis for designing structure-preserving
130 numerical methods for gradient flows such as (3) (Gonzalez (1996); McLachlan et al. (1999)). Recall
131 that the automatic decrease of objective function came from the two keys: (i) the chain rule, and (ii)
132 the gradient flow structure. The DG method respects and tries to imitate them in discrete settings.

133 **Definition 3.1** (Discrete gradient (Gonzalez (1996); Quispel and Capel (1996))). A continuous map
134 $\nabla_d f: \mathbb{R}^d \times \mathbb{R}^d \rightarrow \mathbb{R}^d$ is said to be *discrete gradient of f* if the following two conditions hold for all
135 $x, y \in \mathbb{R}^d$:

$$f(y) - f(x) = \langle \nabla_d f(y, x), y - x \rangle, \quad \nabla_d f(x, x) = \nabla f(x). \quad (7)$$

136 In the definition provided above, the second condition simply requires that $\nabla_d f$ approximates ∇f .
137 On the contrary, the first condition, referred to as the *discrete chain rule*, is a critical requirement
138 for the key (i). The discrete chain rule is a scalar equality constraint on the vector-valued function,
139 and for any given f , there are generally infinitely many DGs. The following is a list of some popular
140 choices of DGs. When it is necessary to differentiate them from wDGs, we call them *strict DGs*.

141 **Proposition 3.2** (Strict discrete gradients). *The following functions are strict DGs.*

142 *Gonzalez discrete gradient $\nabla_G f(y, x)$ (Gonzalez (1996)):*

$$\nabla f\left(\frac{y+x}{2}\right) + \frac{f(y) - f(x) - \langle \nabla f\left(\frac{y+x}{2}\right), y-x \rangle}{\|y-x\|^2} (y-x).$$

143 *Itoh–Abe discrete gradient $\nabla_{IA} f(y, x)$ (Itoh and Abe (1988)):*

$$\begin{bmatrix} \frac{f(y_1, x_2, x_3, \dots, x_d) - f(x_1, x_2, x_3, \dots, x_d)}{y_1 - x_1} \\ \frac{f(y_1, y_2, x_3, \dots, x_d) - f(y_1, x_2, x_3, \dots, x_d)}{y_2 - x_2} \\ \vdots \\ \frac{f(y_1, y_2, y_3, \dots, y_d) - f(y_1, y_2, y_3, \dots, x_d)}{y_d - x_d} \end{bmatrix}.$$

144 *Average vector field (AVF) $\nabla_{AVF} f(y, x)$ (Quispel and McLaren (2008)):*

$$\int_0^1 \nabla f(\tau y + (1-\tau)x) d\tau.$$

145 Suppose we have a DG for a given f . Then we can define a discrete scheme for the gradient flow (3):

$$\frac{x^{(k+1)} - x^{(k)}}{h} = -\nabla_d f\left(x^{(k+1)}, x^{(k)}\right), \quad x^{(0)} = x_0,$$

146 where the positive real number h is referred to as the step size, and $x^{(k)} \simeq x(kh)$ is the numerical
147 solution. The left-hand side approximates \dot{x} and is denoted by $\delta^+ x^{(k)}$ hereafter. Note that the
148 definition conforms to the key point (ii) mentioned earlier.

149 The scheme decreases $f(x^{(k)})$ as expected:

$$\left(f(x^{(k+1)}) - f(x^{(k)}) \right) / h = \left\langle \nabla_{\text{d}} f(x^{(k+1)}, x^{(k)}), \delta^+ x^{(k)} \right\rangle = - \left\| \nabla_{\text{d}} f(x^{(k+1)}, x^{(k)}) \right\|^2 \leq 0.$$

150 In the first equality we used the discrete chain rule, and in the second, the form of the scheme itself.
 151 Observe that the proof proceeds in the same manner as the continuous case (4). Due to the decreasing
 152 property, the scheme should work as an optimization method. Additionally, the above argument does
 153 not reply on the step size h , and it can be changed in every step (which will not destroy the decreasing
 154 property).

155 In the numerical analysis community, the above approach has already been attempted for optimizations
 156 (Grimm et al. (2017); Celledoni et al. (2018); Ehrhardt et al. (2018); Miyatake et al. (2018); Ringholm
 157 et al. (2018); Benning et al. (2020); Riis et al. (2022)). Although they were successful on their own,
 158 this does not immediately provide the missing piece we seek for the following reasons. First, the
 159 DG framework does not include typical important optimization methods; it even does not include
 160 the steepest descent. Second, as noted above, the proofs of rate estimates in the continuous DEs
 161 (in Section 2) require the inequality of convexity (2). Unfortunately, however, existing DGs generally
 162 do not satisfy it; see Appendix C for a counterexample. Next, we show how to overcome these
 163 difficulties.

164 *Remark 3.3.* Some members of in the optimization community may find the use of DGs peculiar,
 165 since it involves referring to two solutions $x^{(k+1)}, x^{(k)}$. However, in some sense, it is quite natural
 166 because the decrease of f occurs in a single step $x^{(k)} \mapsto x^{(k+1)}$. There may also be concerns about
 167 the computational complexity of DGs because the method becomes “implicit” by referring to $x^{(k+1)}$.
 168 In the field of structure-preserving numerical methods, however, it is widely known that in some
 169 highly unstable DEs, implicit methods are often advantageous, allowing larger time-stepping widths,
 170 while explicit methods require extremely small ones. In fact, it has been confirmed in Ehrhardt et al.
 171 (2018) that this also applies to the optimization context. The Itoh–Abe DG results in a system of
 172 d nonlinear equations, which is slightly less expensive. Moreover, note that the integral in the AVF
 173 can be evaluated analytically before implementation, when f is a polynomial.

174 4 Weak discrete gradients and abstract optimization methods

175 We introduce the concept of a *weak discrete gradient* (wDG), which is a relaxed version of the DG
 176 introduced earlier.

177 **Definition 4.1** (Weak discrete gradient). A gradient approximation¹ $\bar{\nabla} f: \mathbb{R}^d \times \mathbb{R}^d \rightarrow \mathbb{R}^d$ is said to
 178 be *weak discrete gradient of f* if there exists $\alpha \geq 0$ and β, γ with $\beta + \gamma \geq 0$ such that the following
 179 two conditions hold for all $x, y, z \in \mathbb{R}^d$:

$$f(y) - f(x) \leq \langle \bar{\nabla} f(y, z), y - x \rangle + \alpha \|y - z\|^2 - \beta \|z - x\|^2 - \gamma \|y - x\|^2, \quad \bar{\nabla} f(x, x) = \nabla f(x). \quad (8)$$

180 The condition (8) can be interpreted in two ways. First, it can be understood as a discrete chain rule
 181 in a weaker sense. By substituting x with z , we obtain the inequality:

$$f(y) - f(x) \leq \langle \bar{\nabla} f(y, x), y - x \rangle + (\alpha - \gamma) \|y - x\|^2. \quad (9)$$

182 Compared to the strict discrete chain rule (7), it is weaker because it is an inequality and allows an
 183 error term. Second, it can be interpreted as a weaker discrete convex inequality. By exchanging x and
 184 y and rearranging terms, we obtain another expression

$$f(y) - f(x) - \langle \bar{\nabla} f(x, z), y - x \rangle \geq \beta \|y - x\|^2 + \gamma \|y - z\|^2 - \alpha \|x - z\|^2. \quad (10)$$

185 Compared to the strongly convex inequality (2), the term $(\mu/2) \|y - x\|^2$ is now replaced with
 186 $\beta \|y - x\|^2 + \gamma \|y - z\|^2$, which can be interpreted as the squared distance between y and the point
 187 (x, z) where the gradient is evaluated. The term $-\alpha \|x - z\|^2$ is an error term.

188 We now list some examples of wDGs (proof is provided in Appendix D). Notice that these exam-
 189 ples include various typical gradient approximations from the optimization and numerical analysis

¹Notice that we use the notation $\bar{\nabla}$ here, distinguishing it from ∇_{d} denoted as the standard notation for strict discrete gradients in numerical analysis.

190 literature. Note that for ease of presentation, we simply write “ μ -strongly convex function,” which
 191 includes convex functions by setting $\mu = 0$.

192 **Theorem 4.2.** *Suppose that $f: \mathbb{R}^d \rightarrow \mathbb{R}$ is a μ -strongly convex function. Let (L) and (SC) denote*
 193 *the additional assumptions: (L) f is L -smooth, and (SC) $\mu > 0$. Then, the following functions are*
 194 *wDGs:*

- 195 (i) *If $\bar{\nabla}f(y, x) = \nabla f(x)$ and f satisfies (L), then $(\alpha, \beta, \gamma) = (L/2, \mu/2, 0)$.*
- 196 (ii) *If $\bar{\nabla}f(y, x) = \nabla f(y)$, then $(\alpha, \beta, \gamma) = (0, 0, \mu/2)$.*
- 197 (iii) *If $\bar{\nabla}f(y, x) = \nabla f(\frac{x+y}{2})$ and f satisfies (L), then $(\alpha, \beta, \gamma) = ((L + \mu)/8, \mu/4, \mu/4)$.*
- 198 (iv) *If $\bar{\nabla}f(y, x) = \nabla_{\text{AVF}}f(y, x)$ and f satisfies (L), then $(\alpha, \beta, \gamma) = (L/6 + \mu/12, \mu/4, \mu/4)$.*
- 199 (v) *If $\bar{\nabla}f(y, x) = \nabla_{\text{G}}f(y, x)$ and f satisfies (L)(SC), then $(\alpha, \beta, \gamma) = ((L + \mu)/8 +$
 200 $(L - \mu)^2/16\mu, \mu/4, 0)$.*
- 201 (vi) *If $\bar{\nabla}f(y, x) = \nabla_{\text{IA}}f(y, x)$ and f satisfies (L)(SC), then $(\alpha, \beta, \gamma) = (dL^2/\mu -$
 202 $\mu/4, \mu/2, -\mu/4)$.*

203 Although we assumed the smoothness of f to simplify the presentation, the case (ii) does not demand
 204 it (see the end of Appendix D). Thus, it can handle non-smooth convex optimization. While the
 205 wDGs (i), (iii), (iv) only require (L), the wDGs (v) and (vi) demand (SC) ($\mu > 0$). This implies that
 206 the latter wDGs might be fragile for small μ 's.

207 We now define an abstract method using wDGs:

$$\frac{x^{(k+1)} - x^{(k)}}{h} = -\bar{\nabla}f(x^{(k+1)}, x^{(k)}), \quad x^{(0)} = x_0, \quad (11)$$

208 which is analogous to the gradient flow (3). By “abstract,” we mean that it is a formal formula, and
 209 given a concrete wDG it reduces to a concrete method; see Table 1 which summarizes some typical
 210 choices. Observe that the abstract method covers many popular methods from both optimization and
 211 numerical analysis communities. The step size h may be selected using line search techniques, but
 212 for simplicity, we limit our presentation to the fixed step size in this paper (see Remark 5.1).

213 *Remark 4.3.* Note that some wDGs are not directly connected to the original gradient ∇f 's; the
 214 Itoh–Abe wDG (vi) does not even refer to the gradient. Thus, the concrete methods resulting from our
 215 framework do not necessarily fall into the so-called “first-order methods,” which run in a linear space
 216 spanned by the past gradients (Nesterov (1983)). This is why we use the terminology “gradient-based
 217 methods” in this paper, instead of first-order methods.

218 Similar to the aforementioned, we can define abstract methods for (5) and (6). Details and theoretical
 219 results can be found in Theorems 5.4 and 5.5.

220 We also introduce the next lemma, which is useful in expanding the scope of our framework.

221 **Lemma 4.4.** *Suppose f can be expressed as a sum of two functions f_1, f_2 . If $\bar{\nabla}_1 f_1$ and $\bar{\nabla}_2 f_2$ are*
 222 *wDGs of f_1 and f_2 with parameters $(\alpha_1, \beta_1, \gamma_1)$ and $(\alpha_2, \beta_2, \gamma_2)$, respectively, then $\bar{\nabla}_1 f_1 + \bar{\nabla}_2 f_2$*
 223 *is a weak discrete gradient of f with $(\alpha, \beta, \gamma) = (\alpha_1 + \alpha_2, \beta_1 + \beta_2, \gamma_1 + \gamma_2)$.*

224 This lemma allows us to consider the following discretization of the gradient flow:

$$\frac{x^{(k+1)} - x^{(k)}}{h} = -\nabla f_1(x^{(k)}) - \nabla f_2(x^{(k+1)}) \quad (12)$$

225 within our framework. For instance, if f_1 is L_1 -smooth and μ_1 -strongly convex, and f_2 is μ_2 -strongly
 226 convex, then the right-hand side of (12) is a wDG with $(\alpha, \beta, \gamma) = (L_1/2, \mu_1/2, \mu_2/2)$. In this case,
 227 the method is known as the proximal gradient method or the forward-backward splitting algorithm
 228 in optimization (cf. Bauschke and Combettes (2017)). Discretizing the accelerated gradient flows
 229 allows for obtaining accelerated versions. (Acceleration of the proximal gradient method has been
 230 studied for some time (Beck and Teboulle, 2009b,a).)

Table 1: Examples of wDGs and their corresponding convergence rates for a μ -strongly convex and L -smooth function f on \mathbb{R}^d . The numbers in the $\bar{\nabla}f$ column correspond to the numbers in Theorem 4.2. The line in the figure corresponding to the proximal gradient method is described in the setting of (12). The notation (DG) represents a strict discrete gradient. The convergence rates shown in the table are the best possible for the step sizes chosen in Theorems 5.3 and 5.5.

$\bar{\nabla}f$	Opt. meth. (for (3))	Numer. meth.	Convergence rates	
			Theorem 5.3	Theorem 5.5
(i)	steep. des.	exp. Euler	$O\left(\left(1 - 2\frac{\mu}{L+\mu}\right)^k\right)$	$O\left(\left(1 - \sqrt{\frac{\mu}{L}}\right)^k\right)$
(ii)	prox. point	imp. Euler	0	0
(i)+(ii)	prox. grad.	(splitting)	$O\left(\left(1 - 2\frac{\mu_1+\mu_2}{L_1+\mu_1+2\mu_2}\right)^k\right)$	$O\left(\left(1 - \sqrt{\frac{\mu_1+\mu_2}{L_1+\mu_2}}\right)^k\right)$
(iii)	—	imp. midpoint	$O\left(\left(1 - 8\frac{\mu}{L+7\mu}\right)^k\right)$	$O\left(\left(1 - \sqrt{\frac{4\mu}{L+3\mu}}\right)^k\right)$
(iv)	—	AVF (DG)	$O\left(\left(1 - 6\frac{\mu}{L+5\mu}\right)^k\right)$	$O\left(\left(1 - \sqrt{\frac{3\mu}{L+2\mu}}\right)^k\right)$
(v)	—	Gonzalez (DG)	$O\left(\left(1 - 8\frac{\mu^2}{L^2+4\mu^2}\right)^k\right)$	$O\left(\left(1 - \sqrt{\frac{4\mu^2}{L^2+3\mu^2}}\right)^k\right)$
(vi)	—	Itoh–Abe (DG)	$O\left(\left(1 - 2\frac{\mu^2}{4d^2L^2-\mu^2}\right)^k\right)$	$O\left(\left(1 - \sqrt{\frac{\mu^2}{4dL^2-2\mu^2}}\right)^k\right)$

231 5 Convergence rates of abstract optimization methods

232 We establish the discrete counterparts of Theorems 2.1 to 2.3 and 2.5. Although the proofs are left
233 to Appendix E, we emphasize that they can be performed analogously to those of the continuous
234 cases. The discrete theorems are established in four cases: the gradient flow (3) (for f convex and
235 μ -strongly convex), and the accelerated flows (for f convex (5) and μ -strongly convex (6)). For ease
236 of understanding, we summarize the results for μ -strongly convex cases in Table 1. A similar table
237 for convex cases is included in Appendix A.

238 *Remark 5.1.* The following theorems are presented under the assumption that the step size h is fixed
239 for simplicity. However, if all varying step sizes satisfy the step size condition (with a finite number
240 of violations allowed), the theorems still hold true. The step sizes must be bounded by a positive
241 number from below to ensure the designated rates.)

242 5.1 For the abstract method based on the gradient flow

243 The abstract method is given in (11).

244 **Theorem 5.2** (Convex case). *Let $\bar{\nabla}f$ be a wDG of f and suppose that $\beta \geq 0, \gamma \geq 0$. Let f be a*
245 *convex function that additionally satisfies the necessary conditions required by the wDG. Let $\{x^{(k)}\}$*
246 *be the sequence given by (11). Then, under the step size condition $h \leq 1/(2\alpha)$, the sequence satisfies*

$$f(x^{(k)}) - f^* \leq \frac{\|x_0 - x^*\|^2}{2kh}.$$

247 Let us demonstrate how to use the theorem using the proximal gradient method (12) as an example.
248 Suppose that f_1 is L_1 -smooth and convex, and f_2 is convex. Then, $\bar{\nabla}f(y, x) = \nabla f_1(x) + \nabla f_2(y)$ is
249 a wDG with the parameter $(\alpha, \beta, \gamma) = (L_1/2, 0, 0)$ due to Theorem 4.2 and Lemma 4.4. Therefore,
250 the proximal gradient method (12) satisfies the assumption of Theorem 5.2 and thus the convergence
251 rate is $O(1/k)$ under the step size condition $h \leq (1/L_1)$.

252 **Theorem 5.3** (Strongly convex case). *Let $\bar{\nabla}f$ be a wDG of f and suppose that $\beta + \gamma > 0$. Let f be a*
253 *strongly convex function that additionally satisfies the necessary conditions that the weak DG requires.*
254 *Let $\{x^{(k)}\}$ be the sequence given by (11). Then, under the step size condition $h \leq 1/(\alpha + \beta)$, the*

255 *sequence satisfies*

$$f(x^{(k)}) - f^* \leq \left(1 - \frac{2(\beta + \gamma)h}{1 + 2\gamma h}\right)^k \|x_0 - x^*\|^2.$$

256 *In particular, the sequence satisfies*

$$f(x^{(k)}) - f^* \leq \left(1 - \frac{2(\beta + \gamma)}{\alpha + \beta + 2\gamma}\right)^k \|x_0 - x^*\|^2,$$

257 *when the optimal step size $h = 1/(\alpha + \beta)$ is employed.*

258 **5.2 For the abstract methods based on the accelerated gradient flows**

259 We consider abstract methods with wDGs based on the accelerated gradient flows (5) and (6), which
 260 will be embedded in the theorems below. We note one thing: when using (8) as an approximation of
 261 the chain rule, we can determine z independently of x and y , which gives us some degrees of freedom
 262 (thus allowing for adjustment.) Below we show some choices of $z^{(k)}$ that are easy to calculate from
 263 known values while keeping the decrease of the Lyapunov functional.

264 **Theorem 5.4** (Convex case). *Let $\bar{\nabla}f$ be a wDG of f and suppose that $\beta \geq 0, \gamma \geq 0$. Let f be
 265 a convex function that additionally satisfies the necessary conditions that the wDG requires. Let
 266 $\{(x^{(k)}, v^{(k)})\}$ be the sequence given by*

$$\begin{cases} \delta^+ x^{(k)} = \frac{\delta^+ A_k}{A_k} (v^{(k+1)} - x^{(k+1)}), \\ \delta^+ v^{(k)} = -\frac{\delta^+ A_k}{4} \bar{\nabla}f(x^{(k+1)}, z^{(k)}), \\ \frac{z^{(k)} - x^{(k)}}{h} = \frac{\delta^+ A_k}{A_{k+1}} (v^{(k)} - x^{(k)}) \end{cases}$$

267 *with $(x^{(0)}, v^{(0)}) = (x_0, v_0)$, where $A_k := A(kh)$. Then if $A_k = (kh)^2$ and $h \leq 1/\sqrt{2\alpha}$, the
 268 sequence satisfies*

$$f(x^{(k)}) - f^* \leq \frac{2\|x_0 - x^*\|^2}{A_k}.$$

269 **Theorem 5.5** (Strongly convex case). *Let $\bar{\nabla}f$ be a wDG of f and suppose that $\beta + \gamma > 0$. Let f be
 270 a strongly convex function that additionally satisfies the necessary conditions that the wDG requires.
 271 Let $\{(x^{(k)}, v^{(k)})\}$ be the sequence given by*

$$\begin{cases} \delta^+ x^{(k)} = \sqrt{2(\beta + \gamma)} (v^{(k+1)} - x^{(k+1)}), \\ \delta^+ v^{(k)} = \sqrt{2(\beta + \gamma)} \left(\frac{\beta}{\beta + \gamma} z^{(k)} + \frac{\gamma}{\beta + \gamma} x^{(k+1)} - v^{(k+1)} - \frac{\bar{\nabla}f(x^{(k+1)}, z^{(k)})}{2(\beta + \gamma)} \right), \\ \frac{z^{(k)} - x^{(k)}}{h} = \sqrt{2(\beta + \gamma)} (x^{(k)} + v^{(k)} - 2z^{(k)}) \end{cases}$$

272 *with $(x^{(0)}, v^{(0)}) = (x_0, v_0)$. Then if $h \leq \bar{h} := (\sqrt{2}(\sqrt{\alpha + \gamma} - \sqrt{\beta + \gamma}))^{-1}$, the sequence satisfies*

$$f(x^{(k)}) - f^* \leq \left(1 + \sqrt{2(\beta + \gamma)}h\right)^{-k} \left(f(x_0) - f^* + \beta\|v_0 - x^*\|^2\right).$$

273 *In particular, the sequence satisfies*

$$f(x^{(k)}) - f^* \leq \left(1 - \sqrt{\frac{\beta + \gamma}{\alpha + \gamma}}\right)^k \left(f(x_0) - f^* + \beta\|v_0 - x^*\|^2\right),$$

274 *when the optimal step size $h = \bar{h}$ is employed.*

275 **Remark 5.6.** Time scaling can eliminate the factor $\sqrt{2(\beta + \gamma)}$ from the scheme and simplify it, as
 276 shown in Luo and Chen (2022). However, we do not use time scaling here to match the time scale
 277 with the accelerated gradient method and to maintain correspondence with the continuous system.

278 6 Discussions including Limitations

279 **Relation to some other systematic/unified frameworks** A systematic approach to obtaining
280 optimization methods with convergence estimates was developed using the “performance estimation
281 problems” (PEPs) technique, as seen in works such as Taylor et al. (2018); Taylor and Drori (2022b).
282 While our framework unifies discussions in both the continuous and discrete settings, the design of
283 methods is not automatic and requires finding a new WDG. In contrast, the PEP framework automates
284 method design but separates discussions between the continuous and discrete settings. Combining
285 these two approaches could be a promising research direction, such as applying our framework to the
286 Lyapunov functionals obtained in Taylor and Drori (2022b).

287 Another unified convergence analysis is presented in Chen and Luo (2021), where the authors cite the
288 same passage in the Introduction from Su et al. (2016). However, this seems to focus on unifying
289 discussions in the continuous setting, and it is still necessary to individualize the discretization for
290 each method in the discrete setting.

291 In Diakonikolas and Orecchia (2019), a unified method for deriving continuous DEs describing
292 first-order optimization methods was proposed using the “approximate duality gap technique.” While
293 this work is capable of finding new DEs, it does not provide insight into how to discretize the DEs for
294 obtaining discrete optimization methods.

295 **Limitations of the proposed framework.** Although we believe that the current framework provides
296 an easy environment for working on the DE approach to optimization, it still has some limitations.

297 First, methods that do not fall into the current framework exist, such as the following splitting method
298 (cf. the Douglas–Rachford splitting method (Eckstein and Bertsekas, 1992)):

$$\frac{x^{(k+1/2)} - x^{(k)}}{h} = -\bar{\nabla}_1 f_1(x^{(k+1/2)}, x^{(k)}), \quad \frac{x^{(k+1)} - x^{(k+1/2)}}{h} = -\bar{\nabla}_2 f_2(x^{(k+1)}, x^{(k+1/2)}).$$

299 The right-hand side cannot be written by a single wDG. Additionally, methods based on Runge–Kutta
300 (RK) numerical methods (Zhang et al. (2018); Ushiyama et al. (2022)) appear difficult to be captured
301 by wDG because RK methods cannot be expressed by DG in the first place. Investigating whether
302 these methods can be captured by the concept of DG is an interesting future research topic.

303 Second, there is still some room for adjustment in wDG methods. A typical example is $z^{(k)}$
304 in Section 5.2, which is chosen in the theorems to optimize efficiency and rates. Another example is
305 the adjustment of time-stepping in the last phase of constructing a method to achieve a better rate or
306 practical efficiency. Although these optimizations in the construction of optimization methods are
307 standard in optimization studies, we feel that they are difficult to capture in the current framework,
308 as they fall between the intuitive continuous argument and the discrete wDG arguments that aim to
309 capture common structures.

310 Third, some rates in the theorems are not optimal. For example, on strongly convex func-
311 tions, the scheme proposed in Theorem 5.5 with the choice (i) achieves the convergence rate of
312 $O\left((1 - \sqrt{\mu/L})^k\right)$, which is not the optimal rate of $O\left((1 - \sqrt{\mu/L})^{2k}\right)$. This is because the choice
313 of the DE and Lyapunov functional used in this work is not optimal. A DE and Lyapunov functional
314 for obtaining the optimal rate are known (Sun et al., 2020), but the DE is a so-called high-resolution
315 DE (known as a “modified equation” in numerical analysis), which involves Hessian. Whether these
316 DEs can be captured with the wDG perspective is an interesting future research topic.

317 7 Concluding remarks

318 In this paper, we proposed a new unified discretization framework for the DE approach to convex
319 optimization. Our framework provides an easy environment for those working on the DE approach,
320 and some new methods are immediate from the framework, both as methods and for their convergence
321 estimates. For example, any combination of strict DGs with the accelerated gradient flows are
322 new methods, and their rates are given by the theorems. Although we did not include numerical
323 experiments in the main body owing to the space restrictions, some preliminary numerical tests
324 confirming the theory can be found in Appendix I. These tests show that some new methods can be
325 competitive with state-of-the-art methods, such as Nesterov’s accelerated gradient.

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441 **A Table summarizing the convex cases**

442 In contrast to the strongly-convex cases, in the convex cases the convergence rates are the same in the
 443 order, and the difference appears in its coefficients, which actually depends on the maximum step
 444 sizes allowed. See Theorems 5.2 and 5.4 for the rates. In the table below we summarize the step size
 445 information.

Table 2: Examples of weak discrete gradients and resulting convergence rates when f is an L -smooth function on \mathbb{R}^d . The numbers in the $\bar{\nabla}f$ column correspond to the numbers in Theorem 4.2. The line of the proximal gradient method is described in the setting of (12). (DG) represents that this weak discrete gradient is a strict discrete gradient.

$\bar{\nabla}f$	Opt. meth.		Max. step sizes	
	(for (3))	Numer. meth.	Theorem 5.3	Theorem 5.5
(i)	steep. des.	exp. Euler	$1/L$	$1/\sqrt{L}$
(ii)	prox. point	imp. Euler	∞	∞
(i)+(ii)	prox. grad.	(splitting)	$1/L_1$	$1/\sqrt{L_1}$
(iii)	—	imp. midpoint	$4/L$	$2/\sqrt{L}$
(iv)	—	AVF (DG)	$3/L$	$\sqrt{3/L}$

446 **B Proofs of theorems in Section 2**

447 **B.1 Proof of Theorem 2.1**

448 It is sufficient to show that a Lyapunov function

$$E(t) := t(f(x(t)) - f^*) + \frac{1}{2}\|x(t) - x^*\|^2$$

449 is monotonically nonincreasing since

$$f(x(t)) - f^* \leq \frac{E(t)}{t} \leq \frac{E(0)}{t} = \frac{\|x(0) - x^*\|^2}{2t}.$$

450 Indeed,

$$\begin{aligned} \dot{E} &= t\langle \nabla f(x), \dot{x} \rangle + f(x) - f^* + \langle x - x^*, \dot{x} \rangle \\ &= -t\|\nabla f(x)\|^2 + f(x) - f^* - \langle \nabla f(x), x - x^* \rangle \\ &\leq 0 \end{aligned}$$

451 holds. Here, at each line, we applied the Leibniz rule and the chain rule, substituted the ODE, and
 452 used the convexity of f in this order. ■

453 **B.2 Proof of Theorem 2.2**

454 It is sufficient to show a Lyapunov function

$$E(t) := e^{\mu t} \left(f(x(t)) - f^* + \frac{\mu}{2} \|x(t) - x^*\|^2 \right)$$

455 is monotonically nonincreasing and thus it is sufficient to show that $\tilde{E}(t) := e^{-\mu t} E(t)$ satisfies

456 $\dot{\tilde{E}} \leq -\mu \tilde{E}$. Indeed,

$$\begin{aligned} \dot{\tilde{E}} &= \langle \nabla f(x), \dot{x} \rangle + \mu \langle x - x^*, \dot{x} \rangle \\ &= -\|\nabla f(x)\|^2 - \mu \langle \nabla f(x), x - x^* \rangle \\ &\leq -\|\nabla f(x)\|^2 - \mu \left(f(x) - f^* + \frac{\mu}{2} \|x - x^*\|^2 \right) \\ &\leq -\mu \tilde{E} \end{aligned}$$

457 holds. Here, at each line, we applied the chain rule, substituted the ODE, and used strong convexity
 458 of f in this order. ■

459 **B.3 Proof of Theorem 2.3**

460 It is sufficient to show that

$$E(t) := A(t)(f(x(t)) - f^*) + 2\|v(t) - x^*\|^2$$

461 is nonincreasing. Actually,

$$\begin{aligned} \dot{E} &= \dot{A}(f(x) - f^*) + A \frac{d}{dt}(f(x) - f^*) + \frac{d}{dt}(2\|v(t) - x^*\|^2) \\ &= \dot{A}(f(x) - f^*) + A \langle \nabla f(x), \dot{x} \rangle + 4 \langle \dot{v}, v - x^* \rangle \\ &= \dot{A}(f(x) - f^*) + A \left\langle \nabla f(x), \frac{\dot{A}}{A}(v - x) \right\rangle - 4 \left\langle \frac{\dot{A}}{4} \nabla f(x), v - x^* \right\rangle \\ &= \dot{A}(f(x) - f^* - \langle \nabla f(x), x - x^* \rangle) \\ &\leq 0 \end{aligned}$$

462 holds. Here, at each line, we applied the Leibniz rule, used the chain rule, substituted the ODE, and
463 used the convexity of f in this order. ■

464 **B.4 Proof of Theorem 2.5**

465 It is sufficient to show that

$$E(t) := e^{\sqrt{\mu}t} \left(f(x) - f^* + \frac{\mu}{2} \|v - x^*\|^2 \right)$$

466 is nonincreasing and thus it is sufficient to show that $\tilde{E}(t) := e^{-\sqrt{\mu}t} E(t)$ satisfies $\dot{\tilde{E}} \leq -\sqrt{\mu} \tilde{E}$.
467 Actually,

$$\begin{aligned} \dot{\tilde{E}} &= \langle \nabla f(x), \dot{x} \rangle + \mu \langle \dot{v}, v - x^* \rangle \\ &= \langle \nabla f(x), \sqrt{\mu}(v - x) \rangle + \mu \langle \sqrt{\mu}(x - v - \nabla f(x)/\mu), v - x^* \rangle \\ &= \sqrt{\mu} (\langle \nabla f(x), x^* - x \rangle - \mu \langle v - x, v - x^* \rangle) \\ &= \sqrt{\mu} \left(\langle \nabla f(x), x^* - x \rangle - \frac{\mu}{2} (\|v - x\|^2 + \|v - x^*\|^2 - \|x - x^*\|^2) \right) \\ &\leq -\sqrt{\mu} \left(\left(f(x) - f^* + \frac{\mu}{2} \|v - x^*\|^2 \right) - \frac{\mu}{2} \|v - x\|^2 \right) \\ &\leq -\sqrt{\mu} \tilde{E} \end{aligned}$$

468 holds. Here, at each line, we applied the chain rule, substituted the ODE, rearranged terms, decom-
469 posed the inner product by the law of cosines (see Appendix F), and used the strong convexity of
470 f . ■

471 **C Strict discrete gradients and convexity**

472 In this section, we describe that strict discrete gradients are not generally compatible with the convex
473 inequality; this complements the discussion in Section 3. For example, let us consider imitating the
474 discussion in Appendix B.1 by using a discrete gradient scheme $\delta^+ x^{(k)} = -\nabla_{\text{d}} f(x^{(k+1)}, x^{(k)})$.
475 Then, since we use the inequality

$$f(x) - f^* - \langle \nabla f(x), x - x^* \rangle \leq 0$$

476 that holds due to the convexity of f , we should ensure that the discrete counterpart of the left-hand
477 side

$$f(x) - f^* - \langle \nabla_{\text{d}} f(y, x), x - x^* \rangle$$

478 is nonpositive for any $x, y \in \mathbb{R}^d$. However, there is a simple counterexample as shown below.

479 Let us consider a quadratic and convex objective function $f(x) = \frac{1}{2} \langle x, Qx \rangle$, where $Q \in \mathbb{R}^{d \times d}$ is a
480 positive definite matrix. In this case, $x^* = 0$ and $f^* = 0$ hold. Then, when we choose a discrete
481 gradient $\nabla_{\text{d}} f(y, x) = \nabla_{\text{G}} f(y, x) = \nabla_{\text{AVF}} f(y, x) = Q \left(\frac{y+x}{2} \right)$, we see

$$f(x) - f^* - \langle \nabla_{\text{d}} f(y, x), x - x^* \rangle = \frac{1}{2} \langle x, Qx \rangle - \left\langle Q \left(\frac{y+x}{2} \right), x \right\rangle = -\frac{1}{2} \langle y, Qx \rangle,$$

482 which is positive when $y = -x$ and $x \neq 0$.

483 **D Proof of Theorem 4.2**

484 (i) Since we assume f is L -smooth and μ -strongly convex,

$$\begin{aligned} f(y) - f(z) &\leq \langle \nabla f(z), y - z \rangle + \frac{L}{2} \|y - z\|^2, \\ f(z) - f(x) &\leq \langle \nabla f(z), z - x \rangle - \frac{\mu}{2} \|z - x\|^2 \end{aligned}$$

485 holds for any $x, y, z \in \mathbb{R}^d$. By adding each side of these inequalities, we obtain

$$f(y) - f(x) \leq \langle \nabla f(z), y - x \rangle + \frac{L}{2} \|y - z\|^2 - \frac{\mu}{2} \|z - x\|^2. \quad (13)$$

486 (This inequality is known as the three points descent lemma in optimization.)

487 (ii) It follows immediately from the μ -strong convexity of f .

488 (iii) By replacing z in (13) with $\theta y + (1 - \theta)z$, and invoking Lemma F.2, we have

$$\begin{aligned} &f(y) - f(x) - \langle \nabla f(\theta y + (1 - \theta)z), y - x \rangle \\ &\leq \frac{L}{2} \|y - (\theta y + (1 - \theta)z)\|^2 - \frac{\mu}{2} \|\theta y + (1 - \theta)z - x\|^2 \\ &= \frac{L}{2} (1 - \theta)^2 \|y - z\|^2 - \frac{\mu}{2} (-\theta(1 - \theta)\|y - z\|^2 + (1 - \theta)\|z - x\|^2 + \theta\|y - x\|^2). \end{aligned}$$

489 Especially when $\theta = 1/2$, $(\alpha, \beta, \gamma) = (L/8 + \mu/8, \mu/4, \mu/4)$.

490 (iv) By the same calculation as (iii), we obtain

$$\begin{aligned} &f(y) - f(x) - \left\langle \int_0^1 \nabla f(\tau y + (1 - \tau)z) d\tau, y - x \right\rangle \\ &= \int_0^1 [f(y) - f(x) - \langle \nabla f(\tau y + (1 - \tau)z), y - x \rangle] d\tau \\ &\leq \int_0^1 \left[\frac{L}{2} (1 - \tau)^2 \|y - z\|^2 - \frac{\mu}{2} (-\tau(1 - \tau)\|y - z\|^2 + (1 - \tau)\|z - x\|^2 + \tau\|y - x\|^2) \right] d\tau \\ &= \left(\frac{L}{6} + \frac{\mu}{12} \right) \|y - z\|^2 - \frac{\mu}{4} \|z - x\|^2 - \frac{\mu}{4} \|y - x\|^2. \end{aligned}$$

491 (v) By (13), we obtain

$$f(y) - f(z) - \left\langle \nabla f\left(\frac{y+z}{2}\right), y - z \right\rangle \leq \frac{L}{2} \left\| y - \frac{y+z}{2} \right\|^2 - \frac{\mu}{2} \left\| \frac{y+z}{2} - z \right\|^2 = \frac{L - \mu}{8} \|y - z\|^2.$$

492 Since this inequality holds with y and z swapped, we have

$$\left| f(y) - f(z) - \left\langle \nabla f\left(\frac{y+z}{2}\right), y - z \right\rangle \right| \leq \frac{L - \mu}{8} \|y - z\|^2.$$

493 Thus,

$$\begin{aligned} &f(y) - f(x) - \langle \nabla_{\mathbf{G}} f(y, z), y - x \rangle \\ &= f(y) - f(x) - \left\langle \nabla f\left(\frac{y+z}{2}\right) + \frac{f(y) - f(z) - \langle \nabla f\left(\frac{y+z}{2}\right), y - z \rangle}{\|y - z\|^2} (y - z), y - x \right\rangle \\ &\leq f(y) - f(x) - \left\langle \nabla f\left(\frac{y+z}{2}\right), y - x \right\rangle + \left| \frac{f(y) - f(z) - \langle \nabla f\left(\frac{y+z}{2}\right), y - z \rangle}{\|y - z\|^2} \right| |\langle y - z, y - x \rangle| \\ &\leq \frac{L}{2} \left\| y - \frac{y+z}{2} \right\|^2 - \frac{\mu}{2} \left\| \frac{y+z}{2} - x \right\|^2 + \frac{L - \mu}{8} \left(\frac{L - \mu}{8\mu} \|y - z\|^2 + \frac{2\mu}{L - \mu} \|y - x\|^2 \right) \\ &= \frac{L}{8} \|y - z\|^2 - \frac{\mu}{2} \left(\frac{1}{2} \|y - x\|^2 + \frac{1}{2} \|z - x\|^2 - \frac{1}{4} \|y - z\|^2 \right) + \frac{(L - \mu)^2}{16\mu} \|y - z\|^2 + \frac{\mu}{4} \|y - x\|^2 \\ &= \left(\frac{L}{8} + \frac{\mu}{8} + \frac{(L - \mu)^2}{16\mu} \right) \|y - z\|^2 - \frac{\mu}{4} \|z - x\|^2 \end{aligned}$$

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holds, where the second inequality follows from the arithmetic-geometric means (AM-GM) inequality.

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(vi) In the following, for $y, z \in \mathbb{R}^d$ and $k = 2, \dots, d$, $y_{1:k-1}z_{k:d}$ denotes a vector $(y_1, \dots, y_{k-1}, z_k, \dots, z_d)^\top \in \mathbb{R}^d$, while $y_{1:0}z_{1:d}$ and $y_{1:d}z_{d+1:d}$ denote z and y , respectively. By the telescoping sum and μ -strong convexity of f , we obtain

$$\begin{aligned}
& f(y) - f(x) - \langle \nabla_{\text{IA}} f(y, z), y - x \rangle \\
&= f(y) - f(x) - \sum_{k=1}^d \frac{f(y_{1:k}z_{k+1:d}) - f(y_{1:k-1}z_{k:d})}{y_k - z_k} (y_k - x_k) \\
&= f(y) - f(x) - \sum_{k=1}^d \frac{f(y_{1:k}z_{k+1:d}) - f(y_{1:k-1}z_{k:d})}{y_k - z_k} (y_k - z_k + z_k - x_k) \\
&= f(z) - f(x) - \sum_{k=1}^d \frac{f(y_{1:k}z_{k+1:d}) - f(y_{1:k-1}z_{k:d})}{y_k - z_k} (z_k - x_k) \\
&\leq \langle \nabla f(z), z - x \rangle - \frac{\mu}{2} \|z - x\|^2 \\
&\quad + \sum_{k=1}^d \begin{cases} \frac{(\nabla f(y_{1:k-1}z_{k:d}))_k (z_k - y_k) - \frac{\mu}{2} (z_k - y_k)^2}{y_k - z_k} (z_k - x_k) & \text{if } \frac{z_k - x_k}{y_k - z_k} > 0 \\ \frac{(\nabla f(y_{1:k}z_{k+1:d}))_k (y_k - z_k) - \frac{\mu}{2} (y_k - z_k)^2}{z_k - y_k} (z_k - x_k) & \text{if } \frac{z_k - x_k}{y_k - z_k} < 0 \end{cases} \\
&= \langle \nabla f(z), z - x \rangle - \frac{\mu}{2} \|z - x\|^2 \\
&\quad - \sum_{k=1}^d \begin{cases} (\nabla f(y_{1:k-1}z_{k:d}))_k (z_k - x_k) + \frac{\mu}{2} (y_k - z_k)(z_k - x_k) & \text{if } \frac{z_k - x_k}{y_k - z_k} > 0 \\ (\nabla f(y_{1:k}z_{k+1:d}))_k (z_k - x_k) + \frac{\mu}{2} (z_k - y_k)(z_k - x_k) & \text{if } \frac{z_k - x_k}{y_k - z_k} < 0 \end{cases} \\
&= \sum_{k=1}^d \begin{cases} ((\nabla f(z))_k - (\nabla f(y_{1:k-1}z_{k:d}))_k) (z_k - x_k) & \text{if } \frac{z_k - x_k}{y_k - z_k} > 0 \\ ((\nabla f(z))_k - (\nabla f(y_{1:k}z_{k+1:d}))_k) (z_k - x_k) & \text{if } \frac{z_k - x_k}{y_k - z_k} < 0 \end{cases} \\
&\quad - \frac{\mu}{2} \|z - x\|^2 - \frac{\mu}{2} \sum_{k=1}^d |z_k - y_k| |z_k - x_k|.
\end{aligned}$$

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To evaluate the first term of the most right-hand side, we use the following inequalities:

$$\begin{aligned}
|(\nabla f(z))_k - (\nabla f(y_{1:k-1}z_{k:d}))_k| &\leq L \|z - y_{1:k-1}z_{k:d}\| \leq L \|z - y\|, \\
|(\nabla f(z))_k - (\nabla f(y_{1:k}z_{k+1:d}))_k| &\leq L \|z - y_{1:k}z_{k+1:d}\| \leq L \|z - y\|,
\end{aligned}$$

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which hold due to the L -smoothness of f , and also

$$\sum_{k=1}^d |z_k - x_k| \leq \sqrt{d \sum_{k=1}^d |z_k - x_k|^2} = \sqrt{d} \|z - x\|,$$

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which holds due to Jensen's inequality. Using them, we obtain

$$\begin{aligned}
& f(y) - f(x) - \langle \bar{\nabla}_{\text{IA}} f(y, z), y - x \rangle \\
&\leq \sqrt{d} L \|z - y\| \|z - x\| - \frac{\mu}{2} \|z - x\|^2 - \frac{\mu}{2} \sum_{k=1}^d |z_k - y_k| |z_k - x_k| \\
&\leq \frac{dL^2}{\mu} \|z - y\|^2 + \frac{\mu}{4} \|z - x\|^2 - \frac{\mu}{2} \|z - x\|^2 - \frac{\mu}{2} \sum_{k=1}^d |z_k - y_k| |z_k - x_k|,
\end{aligned}$$

502 where the last inequality holds due to the AM-GM inequality. Finally, the last term is bounded
 503 by

$$\begin{aligned} \frac{\mu}{2} \sum_{k=1}^d |z_k - y_k| |z_k - x_k| &= -\frac{\mu}{4} \sum_{k=1}^d (|z_k - y_k|^2 + |z_k - x_k|^2 - ||z_k - y_k| - |z_k - x_k||^2) \\ &\leq -\frac{\mu}{4} \sum_{k=1}^d (|z_k - y_k|^2 + |z_k - x_k|^2 - |y_k - x_k|^2) \\ &= -\frac{\mu}{4} (\|z - y\|^2 + \|z - x\|^2 - \|y - x\|^2). \end{aligned}$$

504 This proves the theorem. ■

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506 For (ii), as noted in the above proof, the assumption of differentiability of f is unnecessary, let alone
 507 L -smoothness. Since f is a proper convex function on \mathbb{R}^d in our setting, the subdifferential $\partial f(x)$ is
 508 nonempty for all $x \in \mathbb{R}^d$. Thus we can use $\bar{\nabla} f(y, x) \in \partial f(y)$ instead of $\bar{\nabla} f(y, x) = \nabla f(y)$. By
 509 definition of subgradients, we can recover the same parameters (α, β, γ) as the differentiable case.

510 If $\mu = 0$, the proofs for (v) and (vi) cease to work where we apply the AM-GM inequality to the
 511 inner product. This is also pointed out in the main body of the paper.

512 E Proofs of theorems in Section 5

513 E.1 Proof of Theorem 5.2

514 It is sufficient to show that the discrete Lyapunov function

$$E^{(k)} := kh \left(f(x^{(k)}) - f^* \right) + \frac{1}{2} \|x^{(k)} - x^*\|^2$$

515 is nonincreasing. Actually,

$$\begin{aligned} \delta^+ E^{(k)} &= kh \left(\delta^+ f(x^{(k)}) \right) + f(x^{(k+1)}) - f^* + \delta^+ \left(\frac{1}{2} \|x^{(k)} - x^*\|^2 \right) \\ &\leq kh \left(\left\langle \bar{\nabla} f(x^{(k+1)}, x^{(k)}), \delta^+ x^{(k)} \right\rangle + \alpha h \|\delta^+ x^{(k)}\|^2 \right) + f(x^{(k+1)}) - f^* + \left\langle x^{(k+1)} - x^*, \delta^+ x^{(k)} \right\rangle - \frac{h}{2} \|\delta^+ x^{(k)}\|^2 \\ &= -kh(1 - \alpha h) \|\bar{\nabla} f(x^{(k+1)}, x^{(k)})\|^2 + f(x^{(k+1)}) - f^* - \left\langle \bar{\nabla} f(x^{(k+1)}, x^{(k)}), x^{(k+1)} - x^* \right\rangle - \frac{h}{2} \|\delta^+ x^{(k)}\|^2 \\ &\leq -kh(1 - \alpha h) \|\bar{\nabla} f(x^{(k+1)}, x^{(k)})\|^2 - \left(\frac{h}{2} - \alpha h^2 \right) \|\delta^+ x^{(k)}\|^2 \end{aligned}$$

516 holds, and thus if $h \leq 1/(2\alpha)$, the right-hand side is not positive. Here, at each line, we applied
 517 the discrete Leibniz rule, the weak discrete gradient condition (8), Lemma F.1 as the chain rule,
 518 substituted the scheme, and applied again (8) as the convex inequality. ■

519 E.2 Proof of Theorem 5.3

520 Let

$$\tilde{E}^{(k)} := f(x^{(k)}) - f^* + (\beta + \gamma) \|x^{(k)} - x^*\|^2.$$

521 If $\delta^+ \tilde{E}^{(k)} \leq -c \tilde{E}^{(k+1)}$ for $c > 0$, it can be concluded that $E^{(k)} = (1 + ch)^k \tilde{E}^{(k)}$ is nonincreasing,
 522 and hence $f(x^{(k)}) - f^* \leq (1 + ch)^{-k} E^{(0)}$. Actually,

$$\begin{aligned}
 & \delta^+ \tilde{E}^{(k)} \\
 &= \delta^+ f(x^{(k)}) + \delta^+ \left((\beta + \gamma) \|x^{(k)} - x^*\|^2 \right) \\
 &\leq \left\langle \bar{\nabla} f(x^{(k+1)}, x^{(k)}), \delta^+ x^{(k)} \right\rangle + (\alpha - \gamma)h \|\delta^+ x^{(k)}\|^2 + 2(\beta + \gamma) \langle x^{(k+1)} - x^*, \delta^+ x^{(k)} \rangle - (\beta + \gamma)h \|\delta^+ x^{(k)}\|^2 \\
 &= -(1 - (\alpha - \gamma)h + (\beta + \gamma)h) \|\bar{\nabla} f(x^{(k+1)}, x^{(k)})\|^2 - 2(\beta + \gamma) \langle x^{(k+1)} - x^*, \bar{\nabla} f(x^{(k+1)}, x^{(k)}) \rangle \\
 &\leq -2(\beta + \gamma) \left(f(x^{(k)}) - f^* + \beta \|x^{(k)} - x^*\|^2 + \gamma \|x^{(k+1)} - x^*\|^2 \right) \\
 &\quad - (1 - (\alpha - \gamma)h + (\beta + \gamma)h - 2\alpha(\beta + \gamma)h^2) \|\bar{\nabla} f(x^{(k+1)}, x^{(k)})\|^2 \tag{14}
 \end{aligned}$$

523 holds. Here, after the second line we used the weak discrete gradient condition (8) as the chain rule,
 524 substituted the scheme and used (8) as the strongly convex inequality.

525 Now we aim to bound $\|x^{(k)} - x^*\|^2$ with $\|x^{(k+1)} - x^*\|^2$. By the same calculation for
 526 $\delta^+ \|x^{(k)} - x^*\|^2$ as above, we get the evaluation

$$\delta^+ \|x^{(k)} - x^*\|^2 \leq -2(f(x^{(k+1)}) - f^* + \beta \|x^{(k)} - x^*\|^2 + \gamma \|x^{(k+1)} - x^*\|^2) - (h - 2\alpha h^2) \|\bar{\nabla} f(x^{(k+1)}, x^{(k)})\|^2. \tag{15}$$

527 Thus, if $h \leq 1/(2\alpha)$, we get $\|x^{(k+1)} - x^*\|^2 \leq \|x^{(k)} - x^*\|^2$. In this case, since the second term of
 528 (14) is nonpositive, it follows that

$$\delta^+ \tilde{E}^{(k)} \leq -2(\beta + \gamma) \tilde{E}^{(k+1)}.$$

529 To obtain a better rate which is included in the statement of the theorem, by directly using (15) for
 530 (14), we see

$$\begin{aligned}
 \delta^+ \tilde{E}^{(k)} &\leq -\frac{2(\beta + \gamma)}{1 - 2\beta h} \left(f(x^{(k+1)}) - f^* + (\beta + \gamma) \|x^{(k+1)} - x^*\|^2 \right) \\
 &\quad - \left(\frac{1 - 2\alpha h}{1 - 2\beta h} 2(\beta + \gamma)\beta h^2 + 1 - (\alpha - \gamma)h + (\beta + \gamma)h - 2\alpha(\beta + \gamma)h^2 \right) \|\bar{\nabla} f(x^{(k+1)}, x^{(k)})\|^2.
 \end{aligned}$$

531 Since the second term of the right-hand side is nonpositive under $h \leq 1/(\alpha + \beta)$, it can be concluded
 532 that

$$\delta^+ \tilde{E}^{(k)} \leq -\frac{2(\beta + \gamma)}{1 - 2\beta h} \tilde{E}^{(k+1)}.$$

533 In this case the convergence rate is

$$\left(\frac{1}{1 + \frac{2(\beta + \gamma)h}{1 - 2\beta h}} \right)^k = \left(1 - \frac{2(\beta + \gamma)h}{1 + 2\gamma h} \right)^k.$$

534 ■

535 E.3 Proof of Theorem 5.4

536 It is sufficient to show that

$$E^{(k)} := A_k \left(f(x^{(k)}) - f^* \right) + 2\|v^{(k)} - x^*\|^2$$

537 is nonincreasing. Actually,

$$\begin{aligned}
& \delta^+ E^{(k)} \\
&= (\delta^+ A_k) \left(f(x^{(k+1)}) - f^* \right) + A_k \left(\delta^+ f(x^{(k)}) \right) + 2\delta^+ \left(\|v^{(k)} - x^*\|^2 \right) \\
&\leq (\delta^+ A_k) \left(f(x^{(k+1)}) - f^* \right) + A_k \left\langle \bar{\nabla} f(x^{(k+1)}, z^{(k)}), \delta^+ x^{(k)} \right\rangle \\
&\quad + 4 \left\langle \delta^+ v^{(k)}, v^{(k+1)} - x^* \right\rangle + \frac{A_k}{h} \alpha \left\| x^{(k+1)} - z^{(k)} \right\|^2 - 2h \left\| \delta^+ v^{(k)} \right\|^2 \\
&\leq (\delta^+ A_k) \left(f(x^{(k+1)}) - f^* \right) + A_k \left\langle \bar{\nabla} f(x^{(k+1)}, z^{(k)}), \frac{\delta^+ A_k}{A_k} (v^{(k+1)} - x^{(k+1)}) \right\rangle \\
&\quad - 4 \left\langle \frac{\delta^+ A_k}{4} \bar{\nabla} f(x^{(k+1)}, z^{(k)}), v^{(k+1)} - x^* \right\rangle + \frac{A_k}{h} \alpha \left\| x^{(k+1)} - z^{(k)} \right\|^2 - 2h \left\| \delta^+ v^{(k)} \right\|^2 \\
&= (\delta^+ A_k) \left(f(x^{(k+1)}) - f^* - \left\langle \bar{\nabla} f(x^{(k+1)}, z^{(k)}), x^{(k+1)} - x^* \right\rangle \right) + \frac{A_k}{h} \alpha \left\| x^{(k+1)} - z^{(k)} \right\|^2 - 2h \left\| \delta^+ v^{(k)} \right\|^2 \\
&\leq (\delta^+ A_k) \alpha \left\| x^{(k+1)} - z^{(k)} \right\|^2 + \frac{A_k}{h} \alpha \left\| x^{(k+1)} - z^{(k)} \right\|^2 - 2h \left\| \delta^+ v^{(k)} \right\|^2 \\
&= \frac{1}{h} \left(A_{k+1} \alpha \left\| x^{(k+1)} - z^{(k)} \right\|^2 - 2 \left\| v^{(k+1)} - v^{(k)} \right\|^2 \right) =: (\text{err}).
\end{aligned}$$

538 Here, at each line, we used the discrete Leibniz rule, applied (8) and Lemma F.1 as the chain rule,
539 substituted the scheme, and applied again (8) as the convex inequality.

540 Now we define $z^{(k)}$ so that $(\text{err}) \leq 0$ holds. When $z^{(k)} := x^{(k+1)}$, (err) becomes nonpositive
541 without step size constraints.

542 Or, since using the scheme we can write

$$\left\| x^{(k+1)} - z^{(k)} \right\|^2 = \left\| \frac{A_{k+1} - A_k}{A_{k+1}} v^{(k+1)} + \frac{A_k}{A_{k+1}} x^{(k)} - z^{(k)} \right\|^2,$$

543 by setting

$$z^{(k)} := \frac{A_{k+1} - A_k}{A_{k+1}} v^{(k+1)} + \frac{A_k}{A_{k+1}} x^{(k)},$$

544 we obtain

$$h \times (\text{err}) = \left(\frac{(A_{k+1} - A_k)^2}{A_{k+1}} \alpha - 2 \right) \left\| v^{(k+1)} - v^{(k)} \right\|^2.$$

545 This choice of $z^{(k)}$ is shown in the theorem. When, for example, $A_k = (kh)^2$, $(\text{err}) \leq 0$, provided
546 that $h \leq 1/\sqrt{2\alpha}$. Here we see that only up to a quadratic function is allowed as A_k if $\alpha > 0$. ■

547 E.4 Proof of Theorem 5.5

548 It is sufficient to show that

$$\tilde{E}^{(k)} := f(x^{(k)}) - f^* + (\beta + \gamma) \left\| v^{(k)} - x^* \right\|^2$$

549 satisfies $\delta^+ \tilde{E}^{(k)} \leq -\sqrt{m} \tilde{E}^{(k+1)}$. To simplify notation, $2(\beta + \gamma)$ is written as m , and the error terms
 550 are gathered into (err). Then, we see

$$\begin{aligned}
 \delta^+ \tilde{E}^{(k)} &= \delta^+ f(x^{(k)}) + \frac{m}{2} \delta^+ \|v^{(k)} - x^*\|^2 \\
 &\leq \langle \bar{\nabla} f(x^{(k+1)}, z^{(k)}), \delta^+ x^{(k)} \rangle + \frac{\alpha}{h} \|x^{(k+1)} - z^{(k)}\|^2 - \frac{\beta}{h} \|z^{(k)} - x^{(k)}\|^2 - \gamma h \|\delta^+ x^{(k)}\|^2 \\
 &\quad + m \langle \delta^+ v^{(k)}, v^{(k+1)} - x^* \rangle - \frac{m}{2} h \|\delta^+ v^{(k)}\|^2 \\
 &= \langle \bar{\nabla} f(x^{(k+1)}, z^{(k)}), \sqrt{m}(v^{(k+1)} - x^{(k+1)}) \rangle + (\text{err}) \\
 &\quad + m \left\langle \sqrt{m} \left(\frac{2\beta}{m} z^{(k)} + \frac{2\gamma}{m} x^{(k+1)} - v^{(k+1)} - \frac{1}{m} \bar{\nabla} f(x^{(k+1)}, z^{(k)}) \right), v^{(k+1)} - x^* \right\rangle \\
 &= \sqrt{m} \langle \bar{\nabla} f(x^{(k+1)}, z^{(k)}), x^* - x^{(k+1)} \rangle - 2\sqrt{m}\beta \langle v^{(k+1)} - z^{(k)}, v^{(k+1)} - x^* \rangle \\
 &\quad - 2\sqrt{m}\gamma \langle v^{(k+1)} - x^{(k+1)}, v^{(k+1)} - x^* \rangle + (\text{err}) \\
 &= \sqrt{m} \langle \bar{\nabla} f(x^{(k+1)}, z^{(k)}), x^* - x^{(k+1)} \rangle - \sqrt{m}\beta \left(\|v^{(k+1)} - z^{(k)}\|^2 + \|v^{(k+1)} - x^*\|^2 - \|z^{(k)} - x^*\|^2 \right) \\
 &\quad - \sqrt{m}\gamma \left(\|v^{(k+1)} - x^{(k+1)}\|^2 + \|v^{(k+1)} - x^*\|^2 - \|x^{(k+1)} - x^*\|^2 \right) + (\text{err}) \\
 &\leq -\sqrt{m} \left(f(x^{(k+1)}) - f^* + \frac{m}{2} \|v^{(k+1)} - x^*\|^2 \right) \\
 &\quad + \sqrt{m} \left(\alpha \|x^{(k+1)} - z^{(k)}\|^2 - \beta \|v^{(k+1)} - z^{(k)}\|^2 - \gamma \|v^{(k+1)} - x^{(k+1)}\|^2 \right) + (\text{err}) \\
 &= -\sqrt{m} \tilde{E}^{(k+1)} + (\text{err}).
 \end{aligned}$$

551 Here, the first inequality follows from (8) as the chain rule, the second equality from the substitution
 552 of the form of the method, and the second inequality follows from again (8) as the strongly convex
 553 inequality. In the second inequality, we also used

$$-\langle \bar{\nabla} f(x^{(k+1)}, z^{(k)}), x^{(k+1)} - x^* \rangle + \beta \|z^{(k)} - x^*\|^2 + \gamma \|x^{(k+1)} - x^*\|^2 \leq -(f(x^{(k+1)}) - f^*) + \alpha \|x^{(k+1)} - z^{(k)}\|^2.$$

554 Now we define $x^{(k)}$ so that (err) ≤ 0 . An obvious choice is $z^{(k)} := x^{(k+1)}$, where (err) is
 555 nonpositive under any step size.

556 To derive another definition of $z^{(k)}$, we proceed with the calculation of the error terms by substituting
 557 the form of the method:

$$\begin{aligned}
 h \times (\text{err}) &= \alpha \|x^{(k+1)} - z^{(k)}\|^2 - \beta \|z^{(k)} - x^{(k)}\|^2 - \gamma \|x^{(k+1)} - x^{(k)}\|^2 - (\beta + \gamma) \|v^{(k+1)} - v^{(k)}\|^2 \\
 &\quad + \sqrt{mh} \left(\alpha \|x^{(k+1)} - z^{(k)}\|^2 - \beta \|v^{(k+1)} - z^{(k)}\|^2 - \gamma \|v^{(k+1)} - x^{(k+1)}\|^2 \right) \\
 &= \alpha(h+1) \|x^{(k+1)} - z^{(k)}\|^2 - \beta \left(\|z^{(k)} - x^{(k)}\|^2 + \|v^{(k+1)} - v^{(k)}\|^2 + \sqrt{mh} \|v^{(k+1)} - z^{(k)}\|^2 \right) \\
 &\quad - \gamma \left(\|x^{(k+1)} - x^{(k)}\|^2 + \|v^{(k+1)} - v^{(k)}\|^2 + \sqrt{mh} \|v^{(k+1)} - x^{(k+1)}\|^2 \right) \\
 &= \alpha(h+1) \|x^{(k+1)} - z^{(k)}\|^2 \\
 &\quad - \beta \left(\|z^{(k)} - x^{(k)}\|^2 + \|v^{(k+1)} - v^{(k)}\|^2 + \sqrt{mh} \left\| x^{(k+1)} + \frac{x^{(k+1)} - x^{(k)}}{\sqrt{mh}} - z^{(k)} \right\|^2 \right) \\
 &\quad - \gamma \left(\|x^{(k+1)} - x^{(k)}\|^2 + \|v^{(k+1)} - v^{(k)}\|^2 + \sqrt{mh} \left\| x^{(k+1)} + \frac{x^{(k+1)} - x^{(k)}}{\sqrt{mh}} - x^{(k+1)} \right\|^2 \right).
 \end{aligned}$$

558 Hereafter, \sqrt{mh} is denoted by \tilde{h} . By using Lemma F.2, we have

$$\begin{aligned}
& \tilde{h} \left\| x^{(k+1)} + \frac{x^{(k+1)} - x^{(k)}}{\tilde{h}} - z^{(k)} \right\|^2 \\
&= \tilde{h} \left(\frac{\tilde{h} + 1}{\tilde{h}} \right)^2 \left\| \frac{\tilde{h}}{\tilde{h} + 1} (x^{(k+1)} - z^{(k)}) + \frac{1}{\tilde{h} + 1} (x^{(k+1)} - x^{(k)}) \right\|^2 \\
&= \frac{(\tilde{h} + 1)^2}{\tilde{h}} \left(\frac{\tilde{h}}{\tilde{h} + 1} \|x^{(k+1)} - z^{(k)}\|^2 + \frac{1}{\tilde{h} + 1} \|x^{(k+1)} - x^{(k)}\|^2 - \frac{\tilde{h}}{(\tilde{h} + 1)^2} \|z^{(k)} - x^{(k)}\|^2 \right) \\
&= (\tilde{h} + 1) \|x^{(k+1)} - z^{(k)}\|^2 + \frac{\tilde{h} + 1}{\tilde{h}} \|x^{(k+1)} - x^{(k)}\|^2 - \|z^{(k)} - x^{(k)}\|^2.
\end{aligned}$$

559 Thus, we see

$$\tilde{h} \times (\text{err}) = (\alpha - \beta)(\tilde{h} + 1) \|x^{(k+1)} - z^{(k)}\|^2 - (\beta + \gamma) \left(\frac{\tilde{h} + 1}{\tilde{h}} \|x^{(k+1)} - x^{(k)}\|^2 + \|v^{(k+1)} - v^{(k)}\|^2 \right).$$

560 Here when we define $z^{(k)} := x^{(k)}$, (err) is nonpositive under the condition

$$(\alpha - \beta)(\tilde{h} + 1) - (\beta + \gamma) \frac{\tilde{h} + 1}{\tilde{h}} \leq 0.$$

561 This condition reads as $\tilde{h} \leq (\beta + \gamma)/(\alpha - \beta)$, and the convergence rate is

$$\left(1 + \sqrt{2(\beta + \gamma)}\right)^{-k} = (1 + \tilde{h})^{-k} \geq \left(1 - \frac{\beta + \gamma}{\alpha + \gamma}\right)^k.$$

562 To obtain a better rate, we continue the computation of (err) without defining $z^{(k)}$. Let

$$\eta = \frac{1}{\frac{\tilde{h} + 1}{\tilde{h}} + 1} = \frac{\tilde{h}}{2\tilde{h} + 1},$$

563 and again by inserting the form of the method, and by using Lemma F.2,

$$\begin{aligned}
& \frac{\tilde{h} + 1}{\tilde{h}} \|x^{(k+1)} - x^{(k)}\|^2 + \|v^{(k+1)} - v^{(k)}\|^2 \\
&= \frac{\tilde{h} + 1}{\tilde{h}} \|x^{(k+1)} - x^{(k)}\|^2 + \left\| x^{(k+1)} + \frac{x^{(k+1)} - x^{(k)}}{\tilde{h}} - v^{(k)} \right\|^2 \\
&= \frac{\tilde{h} + 1}{\tilde{h}} \|x^{(k+1)} - x^{(k)}\|^2 + \left(\frac{\tilde{h} + 1}{\tilde{h}} \right)^2 \left\| x^{(k+1)} - \frac{\tilde{h}}{\tilde{h} + 1} v^{(k)} - \frac{1}{\tilde{h} + 1} x^{(k)} \right\|^2 \\
&= \frac{\tilde{h} + 1}{\tilde{h}} \frac{1}{\eta} \left(\eta \|x^{(k+1)} - x^{(k)}\|^2 + (1 - \eta) \left\| x^{(k+1)} - \frac{\tilde{h}}{\tilde{h} + 1} v^{(k)} - \frac{1}{\tilde{h} + 1} x^{(k)} \right\|^2 \right) \\
&= \frac{\tilde{h} + 1}{\tilde{h}} \frac{1}{\eta} \left(\left\| \eta (x^{(k+1)} - x^{(k)}) + (1 - \eta) \left(x^{(k+1)} - \frac{\tilde{h}}{\tilde{h} + 1} v^{(k)} - \frac{1}{\tilde{h} + 1} x^{(k)} \right) \right\|^2 \right. \\
&\quad \left. + \eta(1 - \eta) \left\| x^{(k+1)} - x^{(k)} - \left(x^{(k+1)} - \frac{\tilde{h}}{\tilde{h} + 1} v^{(k)} - \frac{1}{\tilde{h} + 1} x^{(k)} \right) \right\|^2 \right) \\
&= \frac{\tilde{h} + 1}{\tilde{h}} \frac{2\tilde{h} + 1}{\tilde{h}} \left[\left\| x^{(k+1)} - \left(\frac{\tilde{h} + 1}{2\tilde{h} + 1} x^{(k)} + \frac{\tilde{h}}{2\tilde{h} + 1} v^{(k)} \right) \right\|^2 + \frac{\tilde{h}}{2\tilde{h} + 1} \frac{\tilde{h} + 1}{2\tilde{h} + 1} \left(\frac{\tilde{h}}{\tilde{h} + 1} \right)^2 \|v^{(k)} - x^{(k)}\|^2 \right].
\end{aligned}$$

564 Hence we obtain

$$\begin{aligned} \tilde{h} \times (\text{err}) &= (\alpha - \beta) \left(\tilde{h} + 1 \right) \left\| x^{(k+1)} - z^{(k)} \right\|^2 - (\beta + \gamma) \frac{\tilde{h}}{2\tilde{h} + 1} \left\| v^{(k)} - x^{(k)} \right\|^2 \\ &\quad - (\beta + \gamma) \frac{\tilde{h} + 1}{\tilde{h}} \frac{2\tilde{h} + 1}{\tilde{h}} \left\| x^{(k+1)} - \frac{\tilde{h} + 1}{2\tilde{h} + 1} x^{(k)} - \frac{\tilde{h}}{2\tilde{h} + 1} v^{(k)} \right\|^2. \end{aligned}$$

565 If we set

$$z^{(k)} := \frac{\tilde{h} + 1}{2\tilde{h} + 1} x^{(k)} + \frac{\tilde{h}}{2\tilde{h} + 1} v^{(k)},$$

566 (err) is nonpositive under the condition

$$(\alpha - \beta) \left(\tilde{h} + 1 \right) - (\beta + \gamma) \frac{\tilde{h} + 1}{\tilde{h}} \frac{2\tilde{h} + 1}{\tilde{h}} \leq 0.$$

567 The definition of $z^{(k)}$ is shown in the theorem. By solving the above inequality, we obtain the step
568 size limitation

$$\tilde{h} \leq \frac{\sqrt{\beta + \gamma}}{\sqrt{\alpha + \gamma} - \sqrt{\beta + \gamma}},$$

569 which is shown in the theorem. ■

570 F Law of cosines and parallelogram identity

571 This section summarizes some useful lemmas used in the preceding sections.

572 In Hilbert spaces, especially in Euclidean spaces, the law of cosines holds:

$$\|y - x\|^2 = \|y\|^2 + \|x\|^2 - 2\langle y, x \rangle.$$

573 In this paper, we use this formula as an error-containing discrete chain rule of the squared norm.

574 **Lemma F.1.** For all $x^{(k+1)}, x^{(k)} \in \mathbb{R}^d$,

$$\left\| x^{(k+1)} \right\|^2 - \left\| x^{(k)} \right\|^2 = 2\langle x^{(k+1)}, x^{(k+1)} - x^{(k)} \rangle - \left\| x^{(k+1)} - x^{(k)} \right\|^2$$

575 Another famous identity for the Hilbert norm (especially the Euclidean norm) is the parallelogram
576 identity:

$$\left\| \frac{x + y}{2} \right\|^2 + \left\| \frac{x - y}{2} \right\|^2 = \frac{1}{2} (\|x\|^2 + \|y\|^2).$$

577 In this paper, we use a generalization of this identity. In the following lemma, we recover the
578 parallelogram identity by setting $\alpha = 1/2$.

579 **Lemma F.2.** For all $x, y \in \mathbb{R}^d$ and $\alpha \in \mathbb{R}$,

$$\|\alpha x + (1 - \alpha)y\|^2 = \alpha\|x\|^2 + (1 - \alpha)\|y\|^2 - \alpha(1 - \alpha)\|x - y\|^2.$$

580 *Proof.* The claim is obtained by adding each side of the following equalities:

$$\begin{aligned} \|\alpha x + (1 - \alpha)y\|^2 &= \alpha^2\|x\|^2 + (1 - \alpha)^2\|y\|^2 + 2\alpha(1 - \alpha)\langle x, y \rangle, \\ \alpha(1 - \alpha)\|x - y\|^2 &= \alpha(1 - \alpha)\|x\|^2 + \alpha(1 - \alpha)\|y\|^2 - 2\alpha(1 - \alpha)\langle x, y \rangle. \end{aligned}$$

581 ■

582 G Proofs of theorems in Section 6

583 G.1 Proof of Theorem H.1

584 It is sufficient to show that

$$E(t) := f(x(t)) - f^*$$

585 satisfies $\dot{E} \leq -2\mu E$. Indeed,

$$\dot{E} = \langle \nabla f(x), \dot{x} \rangle = -\|\nabla f(x)\|^2 \leq -2\mu(f(x) - f^*) = -2\mu E$$

586 holds. Here, we used the chain rule, the continuous system itself, the PL condition, and the definition
587 of E in this order. ■

588 **G.2 Proof of Theorem H.3**

589 By the PL condition, we observe that

$$\begin{aligned} -\|\bar{\nabla}f(y, x)\| &\leq -\sqrt{2\mu(f(x) - f^*)} + \|\nabla f(x)\| - \|\bar{\nabla}f(y, x)\| \\ &\leq -\sqrt{2\mu(f(x) - f^*)} + \|\nabla f(x) - \bar{\nabla}f(y, x)\|. \end{aligned}$$

590 Thus, the evaluation of $\|\bar{\nabla}f(y, x) - \nabla f(x)\|$ yields β .

591 (i) From L -smoothness $\alpha = L/2$ follows. By the definition $\beta = 0$.

592 (ii) L -smoothness yields $\alpha = L/2$ and $\beta = L$. (Note that the convexity of f would imply $\alpha = 0$,
593 but it is not assumed now. If we adopt the other definition (18) then $\beta = 0$.)

594 (iii) By the same application of L -smoothness, we obtain $\alpha = L/8$ and $\beta = L/2$.

595 (iv) Since the discrete chain rule exactly holds, $\nabla_{\text{AVF}}f$ satisfies $\alpha = 0$. Then, by the L -smoothness
596 of f ,

$$\begin{aligned} \|\nabla_{\text{AVF}}f(y, x) - \nabla f(x)\| &= \left\| \int_0^1 \nabla f(\tau y + (1 - \tau)x) d\tau - \nabla f(x) \right\| \\ &\leq \int_0^1 \|\nabla f(\tau y + (1 - \tau)x) - \nabla f(x)\| d\tau \\ &\leq \int_0^1 L\|\tau y + (1 - \tau)x - x\| d\tau \\ &\leq \int_0^1 L\tau\|y - x\| d\tau \\ &\leq \frac{L}{2}\|y - x\| \end{aligned}$$

597 holds, which implies $\beta = L/2$.

598 (v) Similar to the case (iv), $\alpha = 0$ holds. By the L -smoothness of f ,

$$\begin{aligned} \|\nabla_{\text{G}}f(y, x) - \nabla f(x)\| &= \left\| \nabla f\left(\frac{y+x}{2}\right) - \frac{f(y) - f(x) - \langle \nabla f\left(\frac{y+x}{2}\right), y-x \rangle}{\|y-x\|^2} (y-x) - \nabla f(x) \right\| \\ &\leq \left\| \nabla f\left(\frac{y+x}{2}\right) - \nabla f(x) \right\| + \frac{|f(y) - f(x) - \langle \nabla f\left(\frac{y+x}{2}\right), y-x \rangle|}{\|y-x\|} \\ &\leq \frac{L}{2}\|y-x\| + \frac{L}{8}\|y-x\| \\ &= \frac{5L}{8}\|y-x\|, \end{aligned}$$

599 which implies $\beta = 5L/8$.

600 (vi) Similar to the previous cases, $\alpha = 0$ holds. Using the same notation as in Appendix D (vi), we
 601 obtain

$$\begin{aligned}
 \|\nabla_{1A} f(y, x) - \nabla f(x)\| &= \left\| \begin{bmatrix} \frac{f(y_1, x_2, x_3, \dots, x_d) - f(x_1, x_2, x_3, \dots, x_d)}{y_1 - x_1} \\ \frac{f(y_1, y_2, x_3, \dots, x_d) - f(y_1, x_2, x_3, \dots, x_d)}{y_2 - x_2} \\ \vdots \\ \frac{f(y_1, y_2, y_3, \dots, y_d) - f(y_1, y_2, y_3, \dots, x_d)}{y_d - x_d} \end{bmatrix} - \nabla f(x) \right\| \\
 &= \left\| \begin{bmatrix} \partial_1 f(\theta_1 y_1 + (1 - \theta_1)x_1, x_2, x_3, \dots, x_d) \\ \partial_2 f(y_1, \theta_2 y_2 + (1 - \theta_2)x_2, x_3, \dots, x_d) \\ \vdots \\ \partial_d f(y_1, y_2, y_3, \dots, \theta_d y_d + (1 - \theta_d)x_d) \end{bmatrix} - \nabla f(x) \right\| \\
 &= \sqrt{\sum_{k=1}^d |(\nabla f(\theta_k y_{1:k} x_{k+1:d} + (1 - \theta_k) y_{1:k-1} x_{k:d}))_k - (\nabla f(x))_k|^2} \\
 &\leq \sqrt{\sum_{k=1}^d L^2 \|y - x\|^2} \\
 &= \sqrt{d} L \|y - x\|,
 \end{aligned}$$

602 where $\theta_k \in [0, 1]$ is a constant by the mean value theorem. Therefore, $\beta = \sqrt{d}L$ holds.

603

604 G.3 Proof of Theorem H.5

605 Let

$$\tilde{E}^{(k)} := f(x^{(k)}) - f^*.$$

606 If $\delta^+ \tilde{E}^{(k)} \leq -c \tilde{E}^{(k)}$ for $c > 0$, it can be concluded that $E^{(k)} = (1 - ch)^{-k} \tilde{E}^{(k)}$ is nonincreasing
 607 and hence $f(x^{(k)}) - f^* \leq (1 - ch)^k E^{(0)}$. Before starting the computation of $\delta^+ \tilde{E}^{(k)}$, we transform
 608 the weak discrete PŁ condition (17) into a more convenient form. By substituting the scheme into
 609 (17), we obtain

$$-\|\bar{\nabla} f(x^{(k+1)}, x^{(k)})\|^2 \leq -\frac{\gamma}{(1 + \beta h)^2} (f(x^{(k)}) - f^*).$$

610 Thus, it follows from the weak discrete chain rule (16), the scheme, and the above inequality, that

$$\begin{aligned}
 \delta^+ \tilde{E}^{(k)} &= \delta^+ f(x^{(k)}) \\
 &\leq \langle \bar{\nabla} f(x^{(k+1)}, x^{(k)}), \delta^+ x^{(k)} \rangle + \alpha h \|\delta^+ x^{(k)}\|^2 \\
 &= -(1 - \alpha h) \|\bar{\nabla} f(x^{(k+1)}, x^{(k)})\|^2 \\
 &\leq -(1 - \alpha h) \frac{\gamma}{(1 + \beta h)^2} (f(x^{(k)}) - f^*) \\
 &= -\gamma \frac{1 - \alpha h}{(1 + \beta h)^2} E^{(k)}.
 \end{aligned}$$

611 Hence if $h \leq 1/\alpha$ we have the convergence. ■

612 H Extension to Polyak–Łojasiewicz type functions.

613 The weak discrete gradients can be useful also for non-convex functions. Here we illustrate it by
 614 taking functions satisfying the Polyak–Łojasiewicz (PŁ) condition. A function f is said to satisfy
 615 the PŁ condition if

$$-\|\nabla f(x)\|^2 \leq -2\mu(f(x) - f^*)$$

616 holds for any $x \in \mathbb{R}^d$. This was introduced as a sufficient condition for the steepest descent to
 617 converge Polyak (1963). The set of functions satisfying the PL condition contains all differentiable
 618 strongly convex functions and some nonconvex functions such as $f(x) = x^2 + 3 \sin^2(x)$.

619 **Theorem H.1** (Continuous systems). *Suppose that f satisfies the PL condition. Let $x: [0, \infty) \rightarrow \mathbb{R}^d$
 620 be the solution of the gradient flow (3). Then the solution satisfies*

$$f(x(t)) - f^* \leq e^{-\mu t} \|x_0 - x^*\|^2.$$

621 Let us define another weak discrete gradient for functions satisfying the PL condition. Recall that
 622 the first condition of weak discrete gradients (Definition 4.1) has two meanings: the discrete chain
 623 rule (9) and the discrete convex inequality (10). One could consider the PL condition instead of
 624 convexity.

625 **Definition H.2.** A gradient approximation $\bar{\nabla}f: \mathbb{R}^d \times \mathbb{R}^d \rightarrow \mathbb{R}^d$ is said to be *PL-type weak discrete*
 626 *gradient of f* if there exists positive numbers α, β such that for all $x, y \in \mathbb{R}^d$ the following three
 627 conditions hold:

$$\bar{\nabla}f(x, x) = \nabla f(x),$$

$$f(y) - f(x) \leq \langle \bar{\nabla}f(y, x), y - x \rangle + \alpha \|y - x\|^2, \quad (16)$$

$$-\|\bar{\nabla}f(y, x)\| \leq -\sqrt{2\mu(f(x) - f^*)} + \beta \|y - x\|. \quad (17)$$

628 **Theorem H.3.** *If f is L -smooth and satisfies the PL condition with the parameter μ , the following
 629 functions are PL-type weak discrete gradients:*

630 (i) $\bar{\nabla}f(y, x) = \nabla f(x)$; then $(\alpha, \beta) = (L/2, 0)$.

631 (ii) If $\bar{\nabla}f(y, x) = \nabla f(y)$, then $(\alpha, \beta) = (L/2, L)$.

632 (iii) If $\bar{\nabla}f(y, x) = \nabla f(\frac{x+y}{2})$, then $(\alpha, \beta) = (L/8, L/2)$.

633 (iv) If $\bar{\nabla}f(y, x) = \nabla_{\text{AVF}}f(y, x)$, then $(\alpha, \beta) = (0, L/2)$.

634 (v) If $\bar{\nabla}f(y, x) = \nabla_{\text{G}}f(y, x)$, then $(\alpha, \beta) = (0, 5L/8)$.

635 (vi) If $\bar{\nabla}f(y, x) = \nabla_{\text{IA}}f(y, x)$, then $(\alpha, \beta) = (0, \sqrt{d}L)$.

636 **Remark H.4.** The parameters α and β imply the magnitude of the discretization error. As the second
 637 condition in Definition H.2, we can adopt instead

$$-\|\bar{\nabla}f(y, x)\| \leq -\sqrt{2\mu(f(y) - f^*)} + \beta \|y - x\|. \quad (18)$$

638 Then, we obtain better parameters for the implicit Euler method (ii).

639 The proof of Theorem H.3 is postponed in Appendix G.2.

640 **Theorem H.5** (Discrete systems). *Let $\bar{\nabla}f$ be a PL-type weak discrete gradient of f . Let f be a
 641 function which satisfies the necessary conditions that the PL-type weak DG requires. Let $\{x^{(k)}\}$ be
 642 the sequence given by (11). Then, under the step size condition $h \leq 1/\alpha$, the sequence satisfies*

$$f(x^{(k)}) - f^* \leq \left(1 - 2\mu h \frac{(1 - \alpha h)}{(1 + \beta h)^2}\right)^k (f(x_0) - f^*).$$

643 *In particular, the sequence satisfies*

$$f(x^{(k)}) - f^* \leq \left(1 - \frac{\mu}{2(\alpha + \beta)}\right)^k (f(x_0) - f^*),$$

644 *when the optimal step size $h = 1/(2\alpha + \beta)$ is employed.*

645 I Some numerical examples

646 In this section, we give some numerical examples to complement the discussion in the main body
 647 of this paper. Note that this is just to illustrate that we can actually easily construct new concrete

648 methods just by assuring the conditions of weak discrete gradients (weak DGs), and that the resulting
649 methods in fact achieve the prescribed rates; we here do not intend to explore a method that beats
650 known state-of-the-art methods. It is of course an ultimate goal of the unified framework project, but
651 is left as an important future work.

652 Below we consider some explicit optimization methods derived as special cases of the abstract weak
653 DG methods. Here we pick up simple two-dimensional problems so that we can observe not only
654 the decrease of the objective functions but also the trajectories of the points x 's for our intuitive
655 understandings.

656 First, we consider the case where the objective function is a L -smooth convex function. An explicit
657 weak discrete gradient method is then found as

$$\begin{cases} x^{(k+1)} - x^{(k)} = \frac{2k+1}{k^2} (v^{(k+1)} - x^{(k+1)}), \\ v^{(k+1)} - v^{(k)} = -\frac{2k+1}{4} h^2 \nabla f(z^{(k)}), \\ z^{(k)} - x^{(k)} = \frac{2k+1}{(k+1)^2} (v^{(k)} - x^{(k)}). \end{cases} \quad (19)$$

658 We call this method (wDG-c). This is the simplest example of the abstract method in Theorem 5.4,
659 where we choose $A_k = (kh)^2$ and $\bar{\nabla} f(y, x) = \nabla f(x)$. The authors believe this method itself has
660 not been explicitly pointed out in the literature, and is new. The expected rate is the one predicted in
661 the theorem, $O(1/k^2)$, under the step size condition $h \leq 1/\sqrt{L}$ (recall that α for the weak DG is
662 $L/2$ as shown in Theorem 4.2). For comparison, we pick up Nesterov's accelerated gradient method
663 for convex functions

$$\begin{cases} y^{(k+1)} = x^{(k)} - h^2 \nabla f(x^{(k)}), \\ x^{(k+1)} = y^{(k+1)} + \frac{k}{k+3} (y^{(k+1)} - y^{(k)}). \end{cases} \quad (20)$$

664 We denote this method by (NAG-c). It is well-known that it achieves the same rate, under the same
665 step size condition; we summarize these information in Table 3.

666 As an objective function, we employ

$$f(x) = 0.1x_1^4 + 0.001x_2^4, \quad (21)$$

667 which is not strongly convex. (Strictly speaking, this is not L -smooth as well, but we consider in the
668 following way: for each initial x we obtain the level set $\{x \mid f(x) = f(x^{(0)})\}$. Then we consider the
669 function (21) inside the region, and extend the function outside it appropriately; for example such
670 that the function grows linearly as $\|x\| \rightarrow \infty$.)

671 Numerical results are shown in Figure 1. The top-left panel of the figure shows the convergence
672 of the objective function $f(x)$ when the optimal step size $1/\sqrt{L}$ is chosen. We see both methods
673 achieve the predicted rate $O(1/k^2)$ (mind the dotted guide line). We also see that under this setting,
674 (wDG-c) converges faster than (NAG-c). This suggests that the new framework can give rise to
675 an optimization method that is competitive to state-of-the-art methods (as said before, we do not
676 say anything conclusive on this point; in order to discuss practical performance, we further need to
677 discuss other implementation issues such as stepping schemes.) The trajectories of $x^{(k)}$'s are almost
678 the same, for all the tested step sizes.

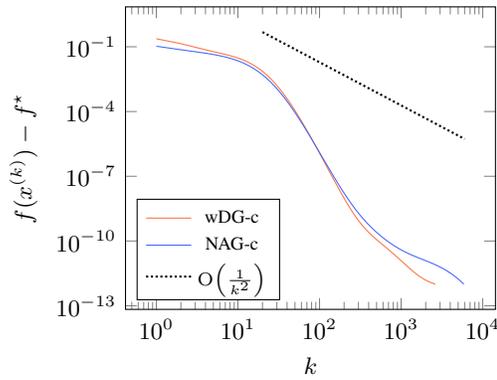
679 Next, we consider methods for strongly-convex functions. We use the following explicit weak DG
680 method:

$$\begin{cases} x^{(k+1)} - x^{(k)} = \sqrt{\mu}h (v^{(k+1)} - x^{(k+1)}), \\ v^{(k+1)} - v^{(k)} = \sqrt{\mu}h \left(z^{(k)} - v^{(k+1)} - \frac{\nabla f(z^{(k)})}{\mu} \right), \\ z^{(k)} - x^{(k)} = \sqrt{\mu}h (x^{(k)} + v^{(k)} - 2z^{(k)}). \end{cases} \quad (22)$$

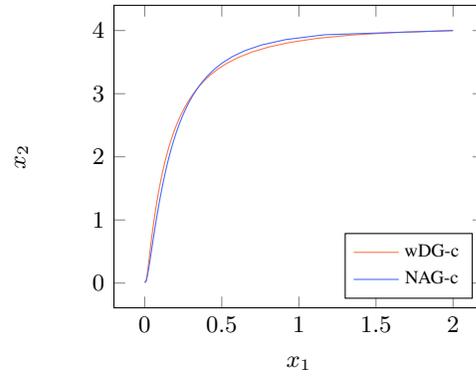
681 We call this (wDG-sc). This can be obtained by setting $\bar{\nabla} f(y, x) = \nabla f(x)$ in Theorem 5.5.
682 Since for this choice we have $\alpha = L/2$ and $\beta = \mu/2$ (Theorem 4.2), the step size condition is

Table 3: Step size limitations and convergence rates of the methods used in the experiments

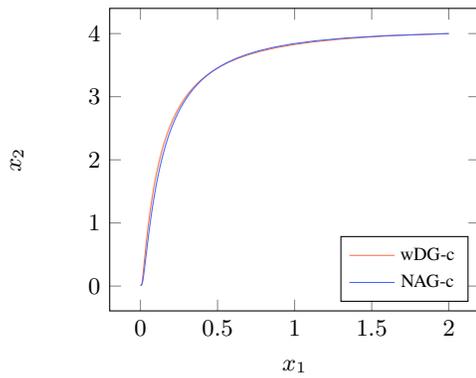
scheme	step size limitation	convergence rate
NAG-c (20)	$1/\sqrt{L}$	$O\left(\frac{1}{k^2}\right)$
wDG-c (19)	$1/\sqrt{L}$	$O\left(\frac{1}{k^2}\right)$
NAG-sc (23)	$1/\sqrt{L}$	$O\left(\left(1 - \sqrt{\frac{\mu}{L}}\right)^k\right)$
wDG-sc (22)	$1/(\sqrt{L} - \sqrt{\mu})$	$O\left(\left(1 - \sqrt{\frac{\mu}{L}}\right)^k\right)$
wDG2-sc (24)	$\sqrt{\mu}/(L - \mu)$	$O\left(\left(1 - \frac{\mu}{L}\right)^k\right)$



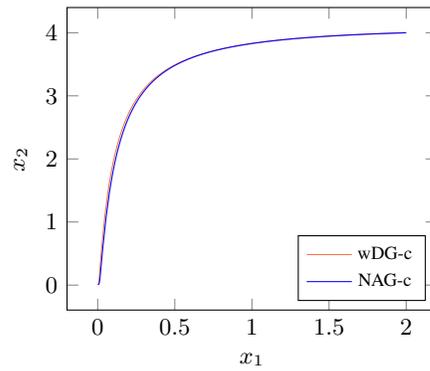
(a) Evolution of function values ($h = 1/\sqrt{L}$).



(b) Trajectory ($h = 1/\sqrt{L}$).



(c) Trajectory ($h = 0.7/\sqrt{L}$).



(d) Trajectory ($h = 0.4/\sqrt{L}$).

Figure 1: Trajectories and function values by (wDG-c) and (NAG-c). The objective function is (21) and the initial solution is $(2, 4)$.

683 $h \leq 1/(\sqrt{L} - \sqrt{\mu})$, and the predicted rate is $O\left((1 - \sqrt{\mu/L})^k\right)$ (which is attained by the largest
684 $h = 1/(\sqrt{L} - \sqrt{\mu})$).

685 As before, we compare this method with Nesterov's accelerated gradient method for strongly convex
686 functions (NAG-sc):

$$\begin{cases} y^{(k+1)} = x^{(k)} - h^2 \nabla f(x^{(k)}), \\ x^{(k+1)} = y^{(k+1)} + \frac{1 - \sqrt{\mu}h}{1 + \sqrt{\mu}h} (y^{(k+1)} - y^{(k)}). \end{cases} \quad (23)$$

687 Here, in addition to these, we also consider a simpler method, where $z^{(k)} = x^{(k)}$ is chosen to find

$$\begin{cases} x^{(k+1)} - x^{(k)} = \sqrt{\mu}h (v^{(k+1)} - x^{(k+1)}), \\ v^{(k+1)} - v^{(k)} = \sqrt{\mu}h \left(x^{(k)} - v^{(k+1)} - \frac{\nabla f(x^{(k)})}{\mu} \right). \end{cases} \quad (24)$$

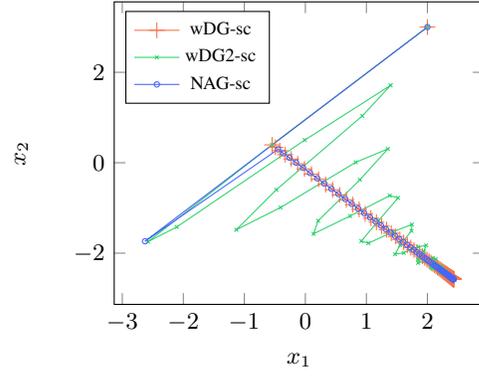
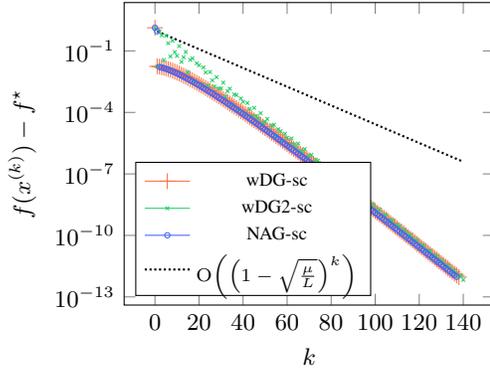
688 We call this (wDG2-sc). This method is more natural as a numerical method for the accelerated
689 gradient flow (6), compared to the methods above, and we expect it illustrates how "being natural as
690 a numerical method" affects the performance. The rate and the step size limitation were revealed in
691 the proof of Theorem 5.5 (Appendix E).

692 We summarized the step size limitations and rates in Table 3. Notice that the predicted rate of
693 (wDG-sc) is better than that of (wDG2-sc).

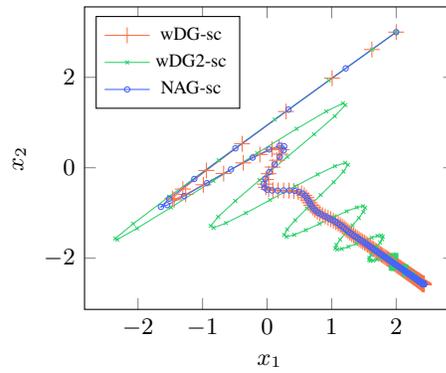
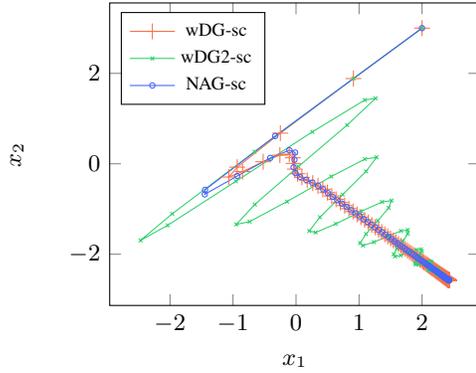
694 The objective function is taken to be the quadratic function

$$f(x) = 0.001(x_1 - x_2)^2 + 0.1(x_1 + x_2)^2 + 0.01x_1 + 0.02x_2, \quad (25)$$

695 and results are shown in Figure 2. Again the top-left panel shows the convergence of the objective
696 function. We see that (wDG-sc) and (NAG-sc) with each optimal step size show almost the same
697 convergence, which is in this case much better than the predicted worst case rate (the dotted guide
698 line). (wDG2-sc) slightly falls behind the other two, but it eventually achieves almost the same
699 performance as $k \rightarrow \infty$. The trajectories of the points $x^{(k)}$'s are, however, quite different among the
700 three methods, which is interesting to observe. The trajectory of (wDG2-sc) seems to suffer from
701 wild oscillations, while (wDG-sc) generates milder trajectory. (NAG-sc) comes between these two.
702 We need careful discussion to conclude which dynamics is the best as an optimization method, but if
703 we consider such oscillations are not desirable (possibly causing some instability), it might suggest
704 that (wDG-sc) is the first choice for this problem. In any case, in this way we can explore various
705 concrete optimization method within the framework of the weak DG by varying the weak DG, which
706 is exactly the main claim of this paper.



(a) Evolution of function values ($h = 1/(\sqrt{L} - \sqrt{\mu})$ for wDG-sc and wDG2-sc, and $h = 1/\sqrt{L}$ for NAG-sc). (b) Trajectory ($h = 1/(\sqrt{L} - \sqrt{\mu})$ for wDG-sc and wDG2-sc, and $h = 1/\sqrt{L}$ for NAG-sc).



(c) Trajectory ($h = 0.7/\sqrt{L}$) (d) Trajectory ($h = 0.4/\sqrt{L}$)

Figure 2: Trajectories and function values by (wDG-sc), (wDG2-sc) and (NAG-sc). The objective function is (25) and the initial value is $(2, 3)$.