## Checklist

1. For all authors...
(a) Do the main claims made in the abstract and introduction accurately reflect the paper's contributions and scope? [Yes]
(b) Did you describe the limitations of your work? [No] limitation discussions are less relevant to purely theoretical works such as ours.
(c) Did you discuss any potential negative societal impacts of your work? [N/A] Our work does not introduce any new method and focuses on theoretical results. We do not believe a discussion on negative societal impacts is relevant to this situation.
(d) Have you read the ethics review guidelines and ensured that your paper conforms to them? [Yes]
2. If you are including theoretical results...
(a) Did you state the full set of assumptions of all theoretical results? [Yes] See detailed notations in Section 1 and full assumptions in Theorem 1 and Theorem 2 ,
(b) Did you include complete proofs of all theoretical results? [Yes] See Appendix B and Appendix C
3. If you ran experiments...
(a) Did you include the code, data, and instructions needed to reproduce the main experimental results (either in the supplemental material or as a URL)? [No] The PEP experiment in Section 5 is extremely simple to reproduce with the PEPit library. Similarly, our experience in Appendix A is trivially reproduceable. We believe these experiments do not require a code release.
(b) Did you specify all the training details (e.g., data splits, hyperparameters, how they were chosen)? [Yes] We specify the details of the setting in Appendix A
(c) Did you report error bars (e.g., with respect to the random seed after running experiments multiple times)? [N/A] We do not report any tables. [Yes] See Appendix A
4. If you are using existing assets (e.g., code, data, models) or curating/releasing new assets...
(a) If your work uses existing assets, did you cite the creators? [Yes]
(b) Did you mention the license of the assets? [No] We only use CIFAR10.
(c) Did you include any new assets either in the supplemental material or as a URL? [N/A]
(d) Did you discuss whether and how consent was obtained from people whose data you're using/curating? [N/A]
(e) Did you discuss whether the data you are using/curating contains personally identifiable information or offensive content? [N/A]
5. If you used crowdsourcing or conducted research with human subjects...
(a) Did you include the full text of instructions given to participants and screenshots, if applicable? [N/A]
(b) Did you describe any potential participant risks, with links to Institutional Review Board (IRB) approvals, if applicable? [N/A]
(c) Did you include the estimated hourly wage paid to participants and the total amount spent on participant compensation? [N/A]

## A Optimization paths of neural networks are in $R S I^{-} \cap E B^{+}$

In this section we present a short experiment motivating $R S I^{-} \cap E B^{+}$as useful assumptions for the study of optimization of neural networks. The goal is to estimate whether the gradients seen by training neural networks are interpolable by a function $f \in R S I^{-} \cap E B^{+}$. We propose the following process :

1. Set random seed S
2. Train a ResNet18 on CIFAR10 until convergence, and save the last iterate $x^{*}$
3. Reset random seed to S
4. Train a ResNet18 on CIFAR10, and at each iteration $i$, sample batch $B$ and measure $R S I_{i}=\frac{\left\langle\nabla f_{B}\left(x_{i}\right) \mid x_{i}-x^{*}\right\rangle}{\left\|x_{i}-x^{*}\right\|_{2}^{2}}$ and $E B_{i}=\frac{\left\|\nabla f_{B}\left(x_{i}\right)\right\|_{2}}{\left\|x_{i}-x^{*}\right\|_{2}}$

Where $\nabla f_{B}(x)$ is the gradient of the loss function on minibatch $B, x_{i}$ is the value of the weight at iteration $i$, and $x^{*}$ is the value of the last iterate measured at step 2 .

Due to resetting the seed to a same value, the two training runs will be identical. We consider the last iterate $x^{*}$ to approximate a local minima, and $R S I_{i}$ and $E B_{i}$ will indicate whether the gradients seen during optimization are compatible with $R S I^{-} \cap E B^{+}$with respect to that minima.

Even if the full-batch objective function that we intend to optimize is in $R S I^{-} \cap E B^{+}$, it is possible for $R S I_{i}$ to be negative due to the variance w.r.t the sampling of the minibatch $B$. However, we observe empirically that despite this, $R S I_{i}$ is lower bounded by a strictly positive value for every single iteration, without exception. This behavior is consistent across optimization algorithms (LARS, SGD without momentum, SGD with momentum, and ADAM) and initializations. For simplicity, we present here the results using SGD without momentum, with learning rate 0.1 and batch size $|B|=1000$, and train for 360 epochs.
Results: we report the log of training loss in Figure 3 and the measured $R S I_{i}$ and $E B_{i}$ in Figure 4 Moreover, in order to better observe the behavior of $R S I_{i}$ and $E B_{i}$ outside of the initial peak, we report in Figure 5 the measured $R S I_{i}$ and $E B_{i}$ starting at epoch 30 . We observe that $E B_{i}$ is upper bounded by $L=2.303$ and $R S I_{i}$ is lower bounded by $\mu=0.0010$, with a resulting condition number $\kappa=\frac{L}{\mu}=2196.0$. Both have a significant peak at the beginning of training, justifying the popular use of learning rate warm-ups. When measuring bounds after epoch 30 , we obtain $L=0.2308$ resulting in a condition number $\kappa=220.1$.

Surprisingly, despite the variance induced by minibatch sampling, the observed $R S I_{i}$ are all lower bounded by $\mu=0.0010>0$. In particular, due to the necessary and sufficient conditions of $R S I^{-} \cap E B^{+}$(See Section 4), it is guaranteed that there exists a function $f \in R S I^{-} \cap E B^{+}$which exactly interpolates the gradients seen by the optimizer. And therefore, the convergence guarantees of $R S I^{-} \cap E B^{+}$naturally apply to the optimization of neural networks in this setting.

Note that we do not claim that the objective function is in $R S I^{-} \cap E B^{+}$, which seems unlikely, but that the iterates explored by first-order algorithms are interpolable by functions in $R S I^{-} \cap E B^{+}$, including when sampling only part of the objective function through minibatches. This result strongly motivates the study of $R S I^{-} \cap E B^{+}$as its guarantees apply to the optimization of neural network under assumptions empirically verified (at least in this simple setting).


Figure 3: log-loss throughout training.


Figure 4: $R S I_{i}$ (right) and $E B_{i}$ (left) throughout training from epoch 0 to 360 .


Figure 5: $R S I_{i}$ (right) and $E B_{i}$ (left) throughout training from epoch 30 to 360 .

## B Proof of Theorem 1

We start with two simple lemmas
Lemma 2 Let $X^{*}$ be a closed convex set, and $x^{*} \in X^{*}$ be the orthogonal projection of $x$ onto $X^{*}$. Then for any $y \in X^{*}$,

$$
\begin{equation*}
\left\langle x^{*}-y \mid x-x^{*}\right\rangle \geq 0 \tag{16}
\end{equation*}
$$

Proof. Let $y \in X^{*}$.
For $\theta \in[0,1]$,
let $h(\theta)=\left\|x-\left((1-\theta) x^{*}+\theta y\right)\right\|_{2}^{2}=\left\|x-x^{*}\right\|_{2}^{2}+2 \theta\left\langle x-x^{*} \mid x^{*}-y\right\rangle+\theta^{2}\left\|x^{*}-y\right\|_{2}^{2}$.
$h$ is differentiable and

$$
\begin{equation*}
h^{\prime}(\theta)=2\left\langle x-x^{*} \mid x^{*}-y\right\rangle+2 \theta\left\|x^{*}-y\right\|_{2}^{2} \tag{17}
\end{equation*}
$$

Since $x^{*}$ is the orthogonal projection of $x$ onto $X^{*}$ and $\forall \theta \in[0,1],(1-\theta) x^{*}+\theta y \in X^{*}$, we have $\forall \theta \in[0,1], h(\theta) \geq h(0)$, and thus $h^{\prime}(0) \geq 0$. This concludes the proof of the Lemma thanks to (17).

Lemma 3 If $x$ and $x_{i}$ are two points with respective orthogonal projections $x^{*}$ and $x_{i}^{*}$ on a closed convex set, then

$$
\begin{equation*}
\left\|x-x^{*}-\left(x_{i}-x_{i}^{*}\right)\right\|_{2} \leq 2\left\|x-x_{i}\right\|_{2} \tag{18}
\end{equation*}
$$

Proof. As the case $x^{*}=x_{i}^{*}$ is trivial, we may assume that $x^{*} \neq x_{i}^{*}$.
Using lemma 2 twice, we get

$$
\begin{align*}
& 0 \leq\left\langle x-x^{*} \mid x^{*}-x_{i}^{*}\right\rangle  \tag{19}\\
& 0 \leq\left\langle x_{i}-x_{i}^{*} \mid x_{i}^{*}-x^{*}\right\rangle=\left\langle x_{i}^{*}-x_{i} \mid x^{*}-x_{i}^{*}\right\rangle \tag{20}
\end{align*}
$$

Adding the two inequalities, we get that

$$
\begin{align*}
0 \leq\left\langle x-x^{*}-x_{i}+x_{i}^{*} \mid x^{*}-x_{i}^{*}\right\rangle & =\left\langle x-x_{i} \mid x^{*}-x_{i}^{*}\right\rangle-\left\|x^{*}-x_{i}^{*}\right\|_{2}^{2} \\
& \leq\left\|x-x_{i}\right\|_{2}\left\|x^{*}-x_{i}^{*}\right\|_{2}-\left\|x^{*}-x_{i}^{*}\right\|_{2}^{2} \tag{21}
\end{align*}
$$

Since $x^{*} \neq x_{i}^{*}$, we obtain

$$
\begin{equation*}
\left\|x^{*}-x_{i}^{*}\right\|_{2} \leq\left\|x-x_{i}\right\|_{2} \tag{22}
\end{equation*}
$$

And thus

$$
\begin{equation*}
\left\|x-x^{*}-\left(x_{i}-x_{i}^{*}\right)\right\|_{2} \leq\left\|x-x_{i}\right\|_{2}+\left\|x^{*}-x_{i}^{*}\right\|_{2} \leq 2\left\|x-x_{i}\right\|_{2} \tag{23}
\end{equation*}
$$

We now move on to the proof of Theorem 1 , that is :
Let $\left(x_{i}, g_{i}\right)_{i \leq n} \in\left(\mathbb{R}^{d} \times \mathbb{R}^{d}\right)^{n+1}$, such that the $x_{i}$ are separate points.
Then, $\forall \mu, L>0$ :

$$
\begin{gather*}
\exists f \in \operatorname{RSI}^{-}(\mu) \cap \mathrm{EB}^{+}(L) \text {, s.t. } \forall i, \nabla f\left(x_{i}\right)=g_{i} \\
\hat{\Downarrow} \\
\exists X^{*} \subseteq \mathbb{R}^{d} \text { convex, s.t. } \forall i \text {, } \\
\left\|g_{i}\right\|_{2} \leq L\left\|x_{i}-x_{i}^{*}\right\|_{2} \quad \text { and } \quad\left\langle g_{i} \mid x_{i}-x_{i}^{*}\right\rangle \geq \mu\left\|x_{i}-x_{i}^{*}\right\|_{2}^{2} \tag{24}
\end{gather*}
$$

Where $x_{i}^{*}$ is the orthogonal projection of $x_{i}$ onto $X^{*}$.
Proof. The direct implication is trivial since the second property is simply the application of $\mathrm{RSI}^{-}$ and $\mathrm{EB}^{+}$in each $x_{i}$. Let us now assume that (7) is verified.
First, let us note that if $L=\mu$, then we have $\forall i, g_{i}=\mu\left(x_{i}-x_{i}^{*}\right)$ and thus we can easily interpolate the $\left(x_{i}, g_{i}\right)$ using $f(x)=\frac{\mu}{2}\left\|x-x^{*}\right\|_{2}^{2}$. We now assume $L>\mu$.
If there is only one pair $\left(x_{i}, g_{i}\right)$, then we can simply use $f(x)=\left\langle g_{i} \mid x-x_{i}\right\rangle+\frac{\mu+L}{4}\left\|x-x_{i}\right\|_{2}^{2}$ to interpolate $\left(x_{i}, g_{i}\right) . f$ is then $\mu$-strongly convex and $L$-smooth so it is also in $R S I^{-}(\mu)$ and $E B^{+}(L)$. Let us now assume there are at least two pairs $\left(x_{i}, g_{i}\right)_{i}$. Let

$$
\begin{equation*}
\epsilon_{0}=\frac{1}{2} \min _{i \neq j}\left(\left\|x_{i}-x_{j}\right\|_{2}\right)>0 \tag{25}
\end{equation*}
$$

By construction,

$$
\begin{equation*}
\forall x \in \mathbb{R}^{d},\left(\exists i,\left\|x-x_{i}\right\|_{2}<\epsilon_{0}\right) \Rightarrow \forall j \neq i,\left\|x-x_{j}\right\|_{2} \geq \epsilon_{0} \tag{26}
\end{equation*}
$$

Moreover, if $\forall i, x_{i} \in X^{*}$, we can simply take $f(x)=\frac{\mu}{2}\left\|x-x^{*}\right\|_{2}^{2}$. Otherwise, let $\mathcal{I}=\left\{i \mid x_{i} \neq x_{i}^{*}\right\}$, and let $\epsilon_{1}=\frac{1}{2} \min _{i \in \mathcal{I}}\left(\left\|x_{i}-x_{i}^{*}\right\|_{2}\right)>0$

Let $\epsilon<\min \left(\epsilon_{0}, \epsilon_{1}\right)$ and $0<\beta<\frac{1}{2}$. We introduce the function $\lambda_{\epsilon, \beta}$ from $[0, \epsilon]$ to $[0,1]$ defined by :

$$
\begin{equation*}
\lambda_{\epsilon, \beta}(u)=\frac{1+\cos \left(\pi \frac{u^{\beta}}{\epsilon^{\beta}}\right)}{2} \tag{27}
\end{equation*}
$$

We finally introduce our interpolation function :

$$
f_{\epsilon, \beta}(x)= \begin{cases}\frac{\mu+L}{4}\left\|x-x^{*}\right\|_{2}^{2} & \text { if } \forall i,\left\|x-x_{i}\right\|_{2} \geq \epsilon  \tag{28}\\ \frac{\mu+L}{4}\left\|x-x^{*}\right\|_{2}^{2}+\lambda_{\epsilon, \beta}\left(\left\|x-x_{i}\right\|_{2}\right)\left\langle\left. g_{i}-\frac{\mu+L}{2}\left(x_{i}-x_{i}^{*}\right) \right\rvert\, x-x_{i}\right\rangle & \text { if } \exists i,\left\|x-x_{i}\right\|_{2}<\epsilon\end{cases}
$$

First let us note that $f_{\epsilon, \beta}$ is properly defined : as stated in 26), there may be at most one $i$ such that $\left\|x-x_{i}\right\|_{2}<\epsilon$. Moreover, $f_{\epsilon, \beta}$ is continuous because $\lambda_{\epsilon, \beta}(\epsilon)=0$.
Since $\lambda_{\epsilon, \beta}(\epsilon)=0$ and $\lambda_{\epsilon, \beta}^{\prime}(\epsilon)=0$, we can easily verify that for $x$ such that $\left\|x-x_{i}\right\|_{2}=\epsilon, f_{\epsilon, \beta}$ is differentiable in $x$ with $\nabla f_{\epsilon, \beta}(x)=\frac{\mu+L}{2}\left(x-x^{*}\right)$. Thus $f_{\epsilon, \beta}$ is differentiable on $\mathbb{R}^{d}$. For any $x \in \mathbb{R}^{d}$ such that $\forall i,\left\|x-x_{i}\right\|_{2} \geq \epsilon$, we have $\nabla f_{\epsilon, \beta}(x)=\frac{\mu+L}{2}\left(x-x^{*}\right)$ and thus trivially

$$
\begin{gather*}
\left\langle\nabla f_{\epsilon, \beta}(x) \mid x-x^{*}\right\rangle=\frac{\mu+L}{2}\left\|x-x^{*}\right\|_{2}^{2} \geq \mu\left\|x-x^{*}\right\|_{2}^{2}  \tag{29}\\
\left\|\nabla f_{\epsilon, \beta}(x)\right\|=\frac{\mu+L}{2}\left\|x-x^{*}\right\|_{2} \leq L\left\|x-x^{*}\right\|_{2} \tag{30}
\end{gather*}
$$

Let us now assume there is $i$ such that $\left\|x-x_{i}\right\|_{2}<\epsilon$. If $x_{i}=x_{i}^{*}$, then $g_{i}=0$ and $\nabla f(x)=$ $\frac{\mu+L}{4}\left(x-x^{*}\right)$ and equations 29, and (30) are respected as well. Otherwise, we have $\left\|x-x^{*}\right\|_{2} \geq$ $\min _{i \in \mathcal{I}}\left(\left\|x_{i}-x_{i}^{*}\right\|_{2}\right)-\epsilon=\epsilon_{1}-\epsilon>0$ We then have, for $x \neq x_{i}$ :

$$
\begin{align*}
\nabla f_{\epsilon, \beta}(x)= & \frac{\mu+L}{2}\left(x-x^{*}\right)+\lambda_{\epsilon, \beta}\left(\left\|x-x_{i}\right\|_{2}\right)\left(g_{i}-\frac{\mu+L}{2}\left(x_{i}-x_{i}^{*}\right)\right) \\
& +\lambda_{\epsilon, \beta}^{\prime}\left(\left\|x-x_{i}\right\|_{2}\right) \frac{x-x_{i}}{\left\|x-x_{i}\right\|_{2}}\left\langle\left. g_{i}-\frac{\mu+L}{2}\left(x_{i}-x_{i}^{*}\right) \right\rvert\, x-x_{i}\right\rangle \\
= & \left(1-\lambda_{\epsilon, \beta}\left(\left\|x-x_{i}\right\|_{2}\right)\right) \frac{\mu+L}{2}\left(x-x^{*}\right)+\lambda_{\epsilon, \beta}\left(\left\|x-x_{i}\right\|_{2}\right) g_{i}  \tag{31}\\
& +\lambda_{\epsilon, \beta}\left(\left\|x-x_{i}\right\|_{2}\right) \frac{\mu+L}{2}\left(x-x^{*}-\left(x_{i}-x_{i}^{*}\right)\right) \\
& -\frac{\pi}{2} \frac{\left\|x-x_{i}\right\|_{2}^{\beta}}{\epsilon^{\beta}} \frac{\beta\left(x-x_{i}\right)}{\left\|x-x_{i}\right\|_{2}^{2}} \sin \left(\pi \frac{\left\|x-x_{i}\right\|_{2}^{\beta}}{\epsilon^{\beta}}\right)\left\langle\left. g_{i}-\frac{\mu+L}{2}\left(x_{i}-x_{i}^{*}\right) \right\rvert\, x-x_{i}\right\rangle
\end{align*}
$$

Since $X^{*}$ is a convex set (and closed by continuity of $f_{\epsilon, \beta}$ ), we have from Lemma 3 $\left\|\left(x-x^{*}-\left(x_{i}-x_{i}^{*}\right)\right)\right\|_{2} \leq 2\left\|x-x_{i}\right\|_{2}$.

To simplify notations, let us note $u=\left\|x-x_{i}\right\|_{2}, \lambda=\lambda_{\epsilon, \beta}(u)$, and
$r=-\frac{\pi}{2} \frac{u^{\beta}}{\epsilon^{\beta}} \frac{\beta\left(x-x_{i}\right)}{u^{2}} \sin \left(\pi \frac{u^{\beta}}{\epsilon^{\beta}}\right)\left\langle\left. g_{i}-\frac{\mu+L}{2}\left(x_{i}-x_{i}^{*}\right) \right\rvert\, x-x_{i}\right\rangle$.
We first want to upper bound $\left\|\nabla f_{\epsilon, \beta}\right\|_{2}$ using 31):

$$
\begin{align*}
\left\|\nabla f_{\epsilon, \beta}(x)\right\|_{2} & \leq(1-\lambda) \frac{\mu+L}{2}\left\|x-x^{*}\right\|_{2}+\lambda\left\|g_{i}\right\|_{2}+(\mu+L) \lambda u+\|r\|_{2} \\
& \leq(1-\lambda) \frac{\mu+L}{2}\left\|x-x^{*}\right\|_{2}+\lambda L\left(\left\|x-x^{*}\right\|_{2}+\left\|x_{i}-x_{i}^{*}\right\|-\left\|x-x^{*}\right\|\right)+(\mu+L) \lambda u+\|r\|_{2} \\
& \leq L\left\|x-x^{*}\right\|_{2}-(1-\lambda) \frac{L-\mu}{2}\left\|x-x^{*}\right\|_{2}+(\mu+3 L) \lambda u+\|r\|_{2} \tag{32}
\end{align*}
$$

Moreover, the 3rd order remainder of the Taylor expansion of $\cos \left(\pi \frac{u^{\beta}}{\epsilon^{\beta}}\right)$ is $\frac{\cos (c)}{4!}\left(\pi^{4} \frac{u^{4 \beta}}{\epsilon^{\beta \beta}}\right)$ for some $c$ in $\left[0, \pi \frac{u}{\epsilon}\right]$ and by upper bounding it we get $\cos \left(\pi \frac{u^{\beta}}{\epsilon^{\beta}}\right) \leq 1-\frac{\pi^{2} u^{2 \beta}}{2 \epsilon^{2 \beta}}+\frac{\pi^{4} u^{4 \beta}}{24 \epsilon^{\beta \beta}}$ and thus, for $\frac{u}{\epsilon} \leq 1$,

$$
\begin{align*}
-(1-\lambda) \frac{L-\mu}{2}\left\|x-x^{*}\right\|_{2} & \leq\left(-\frac{\pi^{2} u^{2 \beta}}{4 \epsilon^{2 \beta}}+\frac{\pi^{4} u^{4 \beta}}{48 \epsilon^{4 \beta}}\right) \frac{L-\mu}{2}\left\|x-x^{*}\right\|_{2}  \tag{33}\\
& \leq-C_{0} \frac{u^{2 \beta}}{\epsilon^{2 \beta}}
\end{align*}
$$

with $C_{0}=\left(\frac{\pi^{2}}{4}-\frac{\pi^{4}}{48}\right) \frac{L-\mu}{2} \epsilon_{1}>0$
Furthermore, since $2 \beta<1$ and $\frac{u}{\epsilon} \leq 1$, we can also bound

$$
\begin{equation*}
(\mu+3 L) \lambda u \leq \epsilon(\mu+3 L) \frac{u}{\epsilon} \leq \epsilon C_{1} \frac{u^{2 \beta}}{\epsilon^{2 \beta}} \tag{34}
\end{equation*}
$$

with $C_{1}=\mu+3 L>0$
Finally, we can bound the last term using $\sin (x) \leq|x|$

$$
\begin{align*}
\|r\|_{2} & \leq \beta \frac{\pi^{2}}{2} \frac{3 L+\mu}{2}\left\|x_{i}-x_{i}^{*}\right\|_{2} \frac{u^{2 \beta}}{\epsilon^{2 \beta}}  \tag{35}\\
& \leq \beta C_{2} \frac{u^{2 \beta}}{\epsilon^{2 \beta}}
\end{align*}
$$

with $C_{2}=\frac{\pi^{2}}{2} \frac{3 L+\mu}{2} \max _{i}\left(\left\|x_{i}-x_{i}^{*}\right\|_{2}\right)$
Finally, by choosing $\epsilon \leq \frac{C_{0}}{2 C_{1}}$ and $\beta \leq \frac{C_{0}}{2 C_{2}}$, and plugging (33), (34), (35) into (32), we get :

$$
\left\|\nabla f_{\epsilon, \beta}(x)\right\|_{2} \leq L\left\|x-x^{*}\right\|_{2}
$$

It only remains now to adequately lower bound $\left\langle\nabla f_{\epsilon, \beta}(x) \mid x-x^{*}\right\rangle$. We use the same method as before and keep the notations :

$$
\begin{align*}
\left\langle\nabla f_{\epsilon, \beta}(x) \mid x-x^{*}\right\rangle & =(1-\lambda) \frac{\mu+L}{2}\left\|x-x^{*}\right\|_{2}^{2}+\lambda\left\langle g_{i} \mid x-x^{*}\right\rangle \\
& +\lambda \frac{\mu+L}{2}\left\langle x-x^{*}-\left(x_{i}-x_{i}^{*}\right) \mid x-x^{*}\right\rangle+\left\langle r \mid x-x^{*}\right\rangle \\
& \geq(1-\lambda) \frac{\mu+L}{2}\left\|x-x^{*}\right\|_{2}^{2}+\lambda \mu\left\|x_{i}-x_{i}^{*}\right\|_{2}^{2}+\lambda\left\langle g_{i} \mid x-x^{*}-\left(x_{i}-x_{i}^{*}\right)\right\rangle \\
& -\lambda(\mu+L) u\left\|x-x^{*}\right\|_{2}-\|r\|_{2}\left\|x-x^{*}\right\|_{2} \\
& \geq(1-\lambda) \frac{\mu+L}{2}\left\|x-x^{*}\right\|_{2}^{2}-(1-\lambda) \mu\left\|x-x^{*}\right\|_{2}^{2}+\mu\left\|x-x^{*}\right\|_{2}^{2} \\
& +\lambda \mu\left(\left\|x_{i}-x_{i}^{*}\right\|_{2}^{2}-\left\|x-x^{*}\right\|_{2}^{2}\right)-2 u \lambda\left\|g_{i}\right\|_{2} \\
& -\lambda(\mu+L) u\left\|x-x^{*}\right\|_{2}-\|r\|_{2}\left\|x-x^{*}\right\|_{2} \\
& \geq \mu\left\|x-x^{*}\right\|_{2}^{2}+C_{0} \frac{u^{2 \beta}}{\epsilon^{2 \beta}}-2 \mu u\left(2\left\|x_{i}-x_{i}^{*}\right\|_{2}+u\right) \\
& -2 \epsilon \lambda L\left\|x_{i}-x_{i}^{*}\right\|_{2} \frac{u}{\epsilon}-\epsilon \lambda(\mu+L)\left\|x-x^{*}\right\|_{2} \frac{u}{\epsilon}-\beta C_{2}\left\|x-x^{*}\right\|_{2} \frac{u^{2 \beta}}{\epsilon^{2 \beta}} \\
& \geq \mu\left\|x-x^{*}\right\|_{2}^{2}+\left(C_{0}-\epsilon M_{0}-\beta M_{1}\right) \frac{u^{2 \beta}}{\epsilon^{2 \beta}} \tag{36}
\end{align*}
$$

With $M_{0}=4(\mu+L) \max _{i}\left(\left\|x_{i}-x_{i}^{*}\right\|_{2}\right)+(L+3 \mu) \epsilon_{1}>0$ and $M_{1}=C_{2}\left(\max _{i}\left(\left\|x_{i}-x_{i}^{*}\right\|_{2}\right)+\epsilon_{1}\right)>0$

Therefore by taking $\epsilon \leq \frac{C_{0}}{2 M_{0}}$ and $\beta \leq \frac{C_{0}}{2 M_{1}}$, we guarantee

$$
\left\langle\nabla f_{\epsilon, \beta}(x) \mid x-x^{*}\right\rangle \geq \mu\left\|x-x^{*}\right\|_{2}^{2}
$$

Finally, for any $i$, we have :

$$
\begin{equation*}
\left\|x-x_{i}\right\|_{2} \lambda_{\epsilon, \beta}^{\prime}\left(\left\|x-x_{i}\right\|_{2}\right)=-\frac{\pi}{2} \frac{\left\|x-x_{i}\right\|_{2}^{\beta}}{\epsilon^{\beta}} \frac{\beta\left(x-x_{i}\right)}{\left\|x-x_{i}\right\|_{2}} \sin \left(\pi \frac{\left\|x-x_{i}\right\|_{2}^{\beta}}{\epsilon^{\beta}}\right) \tag{37}
\end{equation*}
$$

Which goes to 0 as $x$ tends to $x_{i}$. Therefore using the definition of $f_{\epsilon, \beta}$ in 28) and the fact that $\left\langle\left. g_{i}-\frac{\mu+L}{2}\left(x_{i}-x_{i}^{*}\right) \right\rvert\, x-x_{i}\right\rangle$ is linear in $x-x_{i}$, we can conclude $\nabla f_{\epsilon, \beta}\left(x_{i}\right)=\frac{\mu+L}{2}\left(x_{i}-x_{i}^{*}\right)+$ $\lambda_{\epsilon, \beta}(0)\left(g_{i}-\frac{\mu+L}{2}\left(x_{i}-x_{i}^{*}\right)\right)=g_{i}$.
We thus have proven that for sufficiently small $\epsilon$ and $\beta, \forall i, \nabla f_{\epsilon, \beta}\left(x_{i}\right)=g_{i}$, that for all $x$, $\left\langle\nabla f_{\epsilon, \beta}(x) \mid x-x^{*}\right\rangle \geq \mu\left\|x-x^{*}\right\|_{2}^{2}$ and $\left\|\nabla f_{\epsilon, \beta}(x)\right\|_{2} \leq L\left\|x-x^{*}\right\|_{2}$. Therefore by definition, $f_{\epsilon, \beta}$ is in $\mathrm{RSI}^{-}(\mu) \cap \mathrm{EB}^{+}(L)$ and interpolates the $x_{i}, g_{i}$.
Which concludes the proof.

## C Proof of Lemma 1

Let $\mu>0$ and $L>\mu$. Let $\alpha_{0} \in\left[\frac{\mu}{L^{2}}, \max \left(\frac{\mu}{L^{2}}, \frac{1}{2 \mu}\right)\right]$. For any first-order optimization algorithm $\mathcal{A}$ and starting point $x_{0} \in \mathbb{R}^{d}$, there exists $\left(g_{i}\right)_{i \leq(d-2)} \in \mathbb{R}^{d},\left(f_{i}\right)_{i \leq(d-2)} \in \mathbb{R}$ and $\mathcal{S}_{d-2} \subseteq \mathcal{S}_{d-1} \subseteq$ $\cdots \subseteq \mathcal{S}_{0} \subseteq \mathbb{R}^{d}$ such that:

1. $\forall i \leq d-2$, there exists a $(d-i-1)$-dimensional affine space $\mathcal{H}_{i}$ containing $\mathcal{S}_{i}$ and in which $\mathcal{S}_{i}$ is a $(d-i-2)$-sphere of radius $r_{i}=\sqrt{\frac{\alpha_{0}}{\mu}-\alpha_{0}^{2}}\left\|g_{0}\right\|_{2}\left(1-\frac{\mu^{2}}{L^{2}}\right)^{\frac{i}{2}}$ and center $c_{i} \in \mathcal{H}_{i}$.
2. Let $\left(x_{i}\right)_{i}$ the iterates generated by $\mathcal{A}$ starting from $x_{0}$ and reading gradients $\left(g_{i}\right)_{i}$ and function values $\left(f_{i}\right)_{i}$, then for any $i \leq d-2$ and any $x \in \mathcal{S}_{i}$, there exists a function $f$ in $\mathrm{RSI}^{-}(\mu) \cap \mathrm{EB}^{+}(L)$ minimized by $\{x\}$ that interpolates $\left(x_{j}, f_{j}, g_{j}\right)_{j \leq i}$.

Proof. For any first-order optimization algorithm $\mathcal{A}$ and starting point $x_{0}$, we are going to construct by induction the sequences $\left(g_{i}\right)_{i},\left(f_{i}\right)_{i}$ and $\left(\mathcal{S}_{i}\right)_{i}$.
Initialisation: Let $g_{0} \in \mathbb{R}^{d} \backslash\{0\}$. We can take any non-zero gradient as initialisation. Let $c_{0}=x_{0}-\alpha_{0} g_{0}, f_{0}=\frac{\mu+L}{4 \mu} \alpha_{0}\left\|g_{0}\right\|_{2}^{2}$, and

$$
\mathcal{H}_{0}=\left\{x \in \mathbb{R}^{d} \mid\left\langle x-c_{0} \mid g_{0}\right\rangle=0\right\}
$$

$\mathcal{H}_{0}$ is an hyperplane with dimension $d-1$, and we finally introduce

$$
\mathcal{S}_{0}=\left\{x \in \mathcal{H}_{0} \left\lvert\,\left\|x-c_{0}\right\|_{2}=\sqrt{\frac{\alpha_{0}}{\mu}-\alpha_{0}^{2}}\left\|g_{0}\right\|_{2}\right.\right\}
$$

By construction, $c_{0} \in \mathcal{H}$ and $\mathcal{S}_{0}$ is the $(d-2)$-sphere in $\mathcal{H}_{0}$ of center $c_{0}$ and radius $r_{0}=$ $\sqrt{\frac{\alpha_{0}}{\mu}-\alpha_{0}^{2}}\left\|g_{0}\right\|_{2}$. Moreover, let $x^{*} \in \mathcal{S}_{0}$. We have

$$
\left\|x^{*}-x_{0}\right\|_{2}^{2}=\left\|x^{*}-c_{0}+c_{0}-x_{0}\right\|_{2}^{2}=r_{0}^{2}+\alpha_{0}^{2}\left\|g_{0}\right\|_{2}^{2}=\frac{\alpha_{0}\left\|g_{0}\right\|_{2}^{2}}{\mu}
$$

And thus $f_{0}=\frac{\mu+L}{4}\left\|x^{*}-x_{0}\right\|_{2}^{2}$. We also have :

$$
\left\langle g_{0} \mid x_{0}-x^{*}\right\rangle=\left\langle g_{0} \mid x_{0}-c_{0}\right\rangle+\left\langle g_{0} \mid c_{0}-x^{*}\right\rangle=\alpha_{0}\left\|g_{0}\right\|_{2}^{2}+0=\mu\left\|x_{0}-x^{*}\right\|_{2}^{2}
$$

Finally, since $\alpha_{0} \geq \frac{\mu}{L^{2}}$,

$$
\left\|g_{0}\right\|_{2}^{2}=\frac{\mu}{\alpha_{0}}\left\|x_{0}-x^{*}\right\|_{2}^{2} \leq L^{2}\left\|x_{0}-x^{*}\right\|_{2}^{2}
$$

. Therefore all the sufficient conditions of Corollary 1 are verified, and there exists $f \in R S I^{-}(\mu) \cap$ $E B^{+}(L)$ which is minimized by $\left\{x^{*}\right\}$ and interpolates $\left(x_{0}, f_{0}, g_{0}\right)$. This concludes the initialization.
Induction: Let us assume the existence of such $\left(f_{j}\right)_{j},\left(g_{j}\right)_{j}$ and $\left(\mathcal{S}_{j}\right)_{j}$ up to step $i \leq d-3$. Let $x_{i+1}$ be the iterate given by $\mathcal{A}$ after reading iterates $\left(x_{j}\right)_{j}$, function values $\left(f_{j}\right)_{j}$, and gradients $\left(g_{j}\right)_{j}$, let $\mathcal{H}_{i}$ the $(d-i-1)$-dimensional affine space in which $\mathcal{S}_{i}$ is a sphere, and let $c_{i} \in \mathcal{H}_{i}$ the center of the sphere $\mathcal{S}_{i}$.
If there exists $j \leq i$ such that $x_{i+1}=x_{j}$, then we simply return $g_{i+1}=g_{j}$ and $f_{i+1}=f_{j}$. We can take as $S_{i+1}$ any $(d-i-2)$-dimensional sphere of radius $r_{i+1}$ included in $S_{i}, \mathcal{H}_{i+1}$ its supporting affine space and $c_{i+1}$ its center. We now assume $\forall j \leq i, x_{i+1} \neq x_{j}$.
Let $h_{i+1}$ the orthogonal projection of $x_{i+1}$ into $\mathcal{H}_{i}$. If $h_{i+1} \neq c_{i}$, let $v=\frac{\left(h_{i+1}-c_{i}\right)}{\left\|h_{i+1}-c_{i}\right\|_{2}}$. If $h_{i+1}=c_{i}$, let $s \in \mathcal{S}_{i}$ and $v=\frac{\left(s-c_{i}\right)}{\left\|s-c_{i}\right\|_{2}}$.
Let

$$
\begin{gathered}
c_{i+1}=c_{i}-\frac{\mu}{L} r_{i} v \\
f_{i+1}=\frac{\mu+L}{4}\left(\left\|x_{i+1}-c_{i+1}\right\|_{2}^{2}+\left(1-\frac{\mu^{2}}{L^{2}}\right) r_{i}^{2}\right) \\
g_{i+1}=L \frac{\left\|x_{i+1}-x^{*}\right\|_{2}}{\left\|x_{i+1}-c_{i+1}\right\|_{2}}\left(x_{i+1}-c_{i+1}\right) \\
\mathcal{H}_{i+1}=\left\{x \in \mathcal{H}_{i} \left\lvert\,\left\langle x-c_{i} \mid v\right\rangle=-\frac{\mu}{L} r_{i}\right.\right\} \\
\mathcal{S}_{i+1}=\mathcal{S}_{i} \cap \mathcal{H}_{i+1}
\end{gathered}
$$

$v$ is the difference between two points of $\mathcal{H}_{i}$, therefore it is one of the direction of $\mathcal{H}_{i}$, and since $c_{i} \in \mathcal{H}_{i}, \mathcal{H}_{i+1}$ indeed defines an affine subspace of $\mathcal{H}_{i}$ of dimension $(d-i-2)$. Let $\mathcal{C}$ the sphere in $\mathcal{H}_{i+1}$ of center $c_{i+1} \in \mathcal{H}_{i+1}$ and radius $r_{i+1}=\sqrt{1-\frac{\mu^{2}}{L^{2}}} r_{i}$. We now want to prove that $\mathcal{C}=\mathcal{S}_{i+1}$. First, let $x \in \mathcal{H}_{i+1}$. Then

$$
\begin{align*}
\left\langle x-c_{i+1} \mid v\right\rangle & =\left\langle\left. x-c_{i}+\frac{\mu}{L} r_{i} v \right\rvert\, v\right\rangle \\
& =\left\langle x-c_{i} \mid v\right\rangle+\frac{\mu}{L} r_{i} \\
& =-\frac{\mu}{L} r_{i}+\frac{\mu}{L} r_{i}=0 \tag{38}
\end{align*}
$$

i) First, we show that $\mathcal{C} \subseteq \mathcal{S}_{i+1}$. Let $x \in \mathcal{C}$

$$
\begin{align*}
\left\|x-c_{i}\right\|_{2}^{2} & =\left\|x-c_{i+1}-\frac{\mu}{L} r_{i} v\right\|_{2}^{2} \\
& =\left\|x-c_{i+1}\right\|_{2}^{2}+\frac{\mu^{2}}{L^{2}} r_{i}^{2}-2 \frac{\mu}{L} r_{i}\left\langle x-c_{i+1} \mid v\right\rangle \\
& =\left\|x-c_{i+1}\right\|_{2}^{2}+\frac{\mu^{2}}{L^{2}} r_{i}^{2} \\
& =\left(1-\frac{\mu^{2}}{L^{2}}\right) r_{i}^{2}+\frac{\mu^{2}}{L^{2}} r_{i}^{2}  \tag{39}\\
& =r_{i}^{2}
\end{align*}
$$

$$
=\left\|x-c_{i+1}\right\|_{2}^{2}+\frac{\mu^{2}}{L^{2}} r_{i}^{2} \quad \text { using (38) since } x \in \mathcal{C} \subseteq \mathcal{H}_{i+1}
$$

since $x \in \mathcal{H}_{i+1} \subseteq \mathcal{H}_{i}$ and $\left\|x-c_{i}\right\|_{2}=r_{i}, x \in \mathcal{S}_{i}$ and therefore $x \in \mathcal{S}_{i+1}$
ii) Conversely, we show that $\mathcal{S}_{i+1} \subseteq \mathcal{C}$. Let $x \in \mathcal{S}_{i+1}$.

$$
\begin{array}{rlr}
r_{i}^{2} & =\left\|x-c_{i}\right\|_{2}^{2} & \text { as } x \in \mathcal{S}_{i+1} \subseteq \mathcal{S}_{i} \\
& =\left\|x-c_{i+1}-\frac{\mu}{L} r_{i} v\right\|_{2}^{2} & \\
& =\left\|x-c_{i+1}\right\|_{2}^{2}+\frac{\mu^{2}}{L^{2}} r_{i}^{2}-2 \frac{\mu}{L} r_{i}\left\langle x-c_{i+1} \mid v\right\rangle & \\
& =\left\|x-c_{i+1}\right\|_{2}^{2}+\frac{\mu^{2}}{L^{2}} r_{i}^{2} & \text { using (38) since } x \in \mathcal{S}_{i+1} \subseteq \mathcal{H}_{i+1}
\end{array}
$$

from which we obtain that

$$
\begin{equation*}
\left\|x-c_{i+1}\right\|_{2}^{2}=r_{i+1}^{2} \tag{41}
\end{equation*}
$$

So $x \in \mathcal{H}_{i+1}$ and $\left\|x-c_{i+1}\right\|_{2}=r_{i+1}$, thus $x \in \mathcal{C}$. We have thus proved that $\mathcal{S}_{i+1}$ is indeed a ( $d-i-3$ )-sphere in a $(d-i-2)$ affine space with the desired radius and center which concludes the first item of the induction.
We now want to prove the second item. For $x^{*} \in \mathcal{S}_{i+1}, x_{i+1}-h_{i+1}$ is orthogonal to $\mathcal{H}_{i+1}$ due to being orthogonal to $\mathcal{H}_{i}$ by construction. $h_{i+1}-c_{i+1}$ is aligned with $v$ and thus is orthogonal to $\mathcal{H}_{i+1}$. Therefore, their sum $x_{i+1}-c_{i+1}$ is orthogonal to $\mathcal{H}_{i+1}$ and we get

$$
\begin{align*}
\left\|x_{i+1}-x^{*}\right\|_{2}^{2} & =\left\|x_{i+1}-c_{i+1}\right\|_{2}^{2}+\left\|c_{i+1}-x^{*}\right\|_{2}^{2}  \tag{42}\\
& =\left\|x_{i+1}-c_{i+1}\right\|_{2}^{2}+r_{i+1}^{2}
\end{align*}
$$

And thus

$$
\begin{equation*}
f_{i+1}=\frac{\mu+L}{4}\left\|x_{i+1}-x^{*}\right\|_{2}^{2} \tag{43}
\end{equation*}
$$

Let $x^{*} \in \mathcal{S}_{i+1}$. Since $\mathcal{S}_{i+1} \subseteq \mathcal{S}_{i}$, then by recurrence hypothesis there exists an interpolation of the $\left(x_{j}, f_{j}, g_{j}\right)$ in $R S I^{-}(\mu) \cap E B^{+}(L)$ minimized by $x^{*}$, hence from Theorem 1 .

$$
\begin{equation*}
\forall j \leq i,\left\|g_{j}\right\|_{2} \leq L\left\|x_{j}-x^{*}\right\|_{2} \quad \text { and } \quad\left\langle g_{j} \mid x_{j}-x^{*}\right\rangle \geq \mu\left\|x_{j}-x^{*}\right\|_{2}^{2} \tag{44}
\end{equation*}
$$

Moreover, by construction of $g_{i+1}$,

$$
\begin{equation*}
\left\|g_{i+1}\right\|_{2}=L\left\|x_{i+1}-x^{*}\right\|_{2} \tag{45}
\end{equation*}
$$

Since $x_{i+1}-c_{i+1}$ is orthogonal to $\mathcal{H}_{i+1}$ and thus to $c_{i+1}-x^{*}$, we have

$$
\begin{equation*}
\left\langle x_{i+1}-c_{i+1} \mid x_{i+1}-x^{*}\right\rangle=\left\|c_{i+1}-x^{*}\right\|_{2}^{2} \tag{46}
\end{equation*}
$$

Besides, $x_{i+1}-c_{i+1}$ is orthogonal to $c_{i+1}-x^{*}$ and thus

$$
\begin{equation*}
\left\|x_{i+1}-x^{*}\right\|_{2}^{2}=\left\|x_{i+1}-c_{i+1}+c_{i+1}-x^{*}\right\|_{2}^{2}=\left\|x_{i+1}-c_{i+1}\right\|_{2}^{2}+r_{i+1}^{2} \tag{47}
\end{equation*}
$$

By construction,

$$
\begin{align*}
\left\|c_{i+1}-x_{i+1}\right\|_{2} & \geq\left\|c_{i+1}-h_{i+1}\right\|_{2} \\
& =\left\|c_{i+1}-c_{i}+c_{i}-h_{i+1}\right\|_{2} \\
& =\left\|-\frac{\mu}{L} r_{i} v-\right\| h_{i+1}-c_{i}\left\|_{2} v\right\|_{2}  \tag{48}\\
& =\frac{\mu}{L} r_{i}+\left\|h_{i+1}-c_{i}\right\|_{2} \\
& \geq \frac{\mu}{L} r_{i}
\end{align*}
$$

and finally :

$$
\begin{array}{rlr}
\frac{\left\langle g_{i+1} \mid x_{i+1}-x^{*}\right\rangle^{2}}{\mu^{2}\left\|x_{i+1}-x^{*}\right\|_{2}^{4}} & =\frac{L^{2}}{\mu^{2}} \frac{\left\langle x_{i+1}-c_{i+1} \mid x_{i+1}-x^{*}\right\rangle^{2}}{\left\|x_{i+1}-x^{*}\right\|_{2}^{2}\left\|x_{i+1}-c_{i+1}\right\|_{2}^{2}} & \\
& =\frac{L^{2}}{\mu^{2}} \frac{\left\|x_{i+1}-c_{i+1}\right\|_{2}^{2}}{\left\|x_{i+1}-x^{*}\right\|_{2}^{2}} & \text { using (46) } \\
& =\frac{L^{2}}{\mu^{2}} \frac{\left\|x_{i+1}-c_{i+1}\right\|_{2}^{2}}{\left\|x_{i+1}-c_{i+1}\right\|_{2}^{2}+r_{i+1}^{2}} & \text { using (47) }  \tag{49}\\
& \geq \frac{L^{2}}{\mu^{2}} \frac{\frac{\mu^{2}}{L^{2}} r_{i}^{2}}{\frac{\mu^{2}}{L^{2}} r_{i}^{2}+\left(1-\frac{\mu^{2}}{L^{2}}\right) r_{i}^{2}} & \\
& =1 & \text { using (48) }
\end{array}
$$

And thus

$$
\begin{equation*}
\left\langle g_{i+1} \mid x_{i+1}-x^{*}\right\rangle \geq \mu\left\|x_{i+1}-x^{*}\right\|_{2}^{2} \tag{50}
\end{equation*}
$$

Since $\forall j \leq i, x^{*} \in \mathcal{S}_{j}$, we also have

$$
\begin{equation*}
f_{j}=\frac{\mu+L}{4}\left\|x_{j}-x^{*}\right\|_{2}^{2} \tag{51}
\end{equation*}
$$

We finally apply Corollary 1 to all unique triples $\left(x_{j}, f_{j}, g_{j}\right)_{j \leq i+1}$ (which ensures by construction that all $x_{j}$ are distincts) which allows us to conclude from (43), (45), (44), (50) and (51) that there exists an interpolation in $R S I^{-}(\mu) \cap E B^{+}(L)$ that is minimized by $\left\{x^{*}\right\}$, proving the second item of the induction and thus concluding the proof.

